

WINTER 2025 ACTIVITY GUIDE

including recreation, library, City Slate and other community programming held January through April



Registration for most programs begins Dec. 2 for North Liberty residents.



IN THIS GUIDE

City Slate (Jan-Apr)
Page 2

Rec Program Guide
Page 3

Library Program Guide
Page 25

Fire & Ice *Page 32*

City Slate

North Liberty's City Slate is a collection of our largest special events planned by city staff. Every event on the Slate is free to attend and our team has tons of events in store this winter. Learn more at northlibertyiowa.org/cityslate.

Hello 2025!

Join us in the Rec Center gyms for an exciting evening filled with fun, games and festive cheer as we welcome the New Year. Enjoy carnival games, bounce houses, treats, a balloon drop at 7 p.m. and more.

Jan 3	Friday	6-7:30pm	North Liberty Community Center
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The Magic School Bus: Lost in the Solar System

Join Ms. Frizzle and her class as they find their way across the galaxy while learning as much about teamwork as they do about the solar system in a live, one-hour performance. TheatreWorksUSA's family musical, *The Magic School Bus: Lost in the Solar System*, is based on the popular book series published by Scholastic.

Feb 16	Sunday	11am and 1:30pm	North Liberty Community Center
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Operation Leprechaun

Follow the string of clues around North Liberty to help capture a runaway leprechaun from March 14 to March 23. Complete the full clue hunt to win a prize. Be careful and watch out for traps.

Glow Mini Golf

Challenge family and friends to nine holes of blacklight miniature golf in the Community Center gym.

Mar 21-23	Friday, 4-8pm; Saturday, 4-8pm; Sunday, 1-5pm	North Liberty Community Center
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Community Center Open House

Discover everything the North Liberty Community Center has to offer during our spring open house.

Apr 2	Wednesday	4:30-6:30pm	North Liberty Community Center
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Bunny Clue Trail

Explore springtime dioramas on the Bunny Clue Trail. Take photos with spring inflatables and other décor, seek hidden items, and enjoy a bag of treats and a succulent.

Apr 12	Saturday	8am-12pm	Gerdin Conference Center
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We're committed to providing access, equal opportunity and reasonable accommodation for individuals with disabilities to attend City events, participate in City programs and visit City facilities. For accommodations, please reach out to communications@northlibertyiowa.org or call (319) 626-5726.



Winter 2025 Recreation Program Guide

The North Liberty Recreation Center offers year-round space for exercise, arts and crafts, meetings and celebrations, leagues and more.

Weekdays	6 a.m. to 9 p.m.
Weekends	8 a.m. to 6 p.m.
Phone	(319) 626-5716
Web	northliberty.recdesk.com

This program guide includes information about recreation classes and programs taking place January to April 2025. Seasonal activity guides are available online or in person at the community center each winter (Jan-April), summer (May-Aug) and fall (Sept-Dec). We also offer a monthly newsletter featuring upcoming programming highlights from the Recreation Department, Library and other city departments. Sign up to get it delivered to your inbox at northlibertyiowa.org/subscribe or check the city's calendar at northlibertyiowa.org/events.

Registration for most recreation classes/programs begins Dec. 2 and is available on a first-come, first-served basis. To register online, visit northliberty.recdesk.com and select the **Programs** button to view activities currently accepting registration. If you do not already have an account, you will need to make one before registering. To see a video about how to set up an online account, visit northlibertyiowa.org/recreation.

RECREATION STAFF

Shelly Simpson, Recreation Director (Operations) - ssimpson@northlibertyiowa.org
Brian Motley, Assistant Recreation Director (Leagues/Sports) - bmotley@northlibertyiowa.org
Matt Fielder, Youth Program Supervisor (Recsters BASP/Summer Camp) - mfielder@northlibertyiowa.org
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FACILITIES & FEATURES

Gymnasiums

Our two gyms offer full-size basketball and volleyball courts, wood floors, air conditioning and bleachers. The gyms are in high demand, particularly during the winter, but we usually have one available for drop-in users. Included with facility passes.

Indoor & Outdoor Pools

Both pools offer zero-depth entries and diving boards, with the year-round indoor pool hosting lap swimming, aqua fitness and open swim, and a seasonal outdoor pool featuring two large slides, climbing features and new upgrades. Included in Black & Gold and Silver passes.

Running Track

Our indoor track is well suited for running, walking and jogging. Strollers are welcome. Track passes are free for North Liberty residents and are available for a fee for non-residents.

Weight & Cardio Equipment

A mix of free weights, Matrix and Precor weight stations, treadmills, ellipticals, recumbent and upright bikes, steppers and rowing machines. Included in Black & Gold and Gold passes.

Meeting Rooms & Conference Center

The Recreation Department offers a variety of meeting rooms that can be configured to accommodate groups smaller than 20 or up to 400. Spaces are available on the main level or lower level (Gerdin Conference Center) of the North Liberty Community Center located at 520 W Cherry Street.

FACILITY RENTALS

Gyms, pools, baseball/softball fields, park shelters and rec center meetings rooms are available to rent for special events, practices, meetings, parties and more. Requests are accepted beginning Dec. 1 for January through April, April 1 for May through August and Aug. 1 for September through December. For more information or to inquire about availability, contact Matt Meseck at mmeseck@northlibertyiowa.org or call (319) 626-5716. Requests can also be made online at northlibertyiowa.org/departments/recreation/facilities.

POOL OPERATIONS

Indoor pool use is first-come, first-served for pass holders and daily drop-in patrons for lap swim, scheduled aqua fitness classes and swim lessons. All pool users will need to share lanes and space. Pass holders will need to scan their ID cards at the front desk or pay daily drop-ins fees. Please reference the indoor pool schedule at northliberty.recdesk.com or grab a copy at the Rec Center front desk.

Our outdoor pool is open for daily open swim at noon during the summer. For the first hour of each day's outdoor pool operation, pass holders can access the pool, with access opening to all users beginning one hour later until we reach capacity. Access is at the outside concessions window and gate. Pass holders will need to scan their ID cards and daily drop-in users will need to pay respective fees upon entry. Check the outdoor pool's status prior to arrival at northlibertyiowa.org/poolstatus. Pool hours may be limited for mechanical issues or weather conditions.

CHILD SUPERVISION POLICY

Children in Grade 5 and under must be enrolled in a supervised program or accompanied by a caregiver who is at least 16 years old when using the facility.

ACCESSIBILITY

We're committed to providing access, equal opportunity and reasonable accommodation for individuals with disabilities to attend City events, participate in City programs and visit City facilities. For accommodations, please reach out to communications@northlibertyiowa.org or call (319) 626-5726.

MEMBERSHIPS & FEES

Facility use is available to members and drop-in users. Membership and daily drop-in rates are listed below.

Black & Gold includes access to weight and cardio equipment, indoor pool and outdoor pool.

Gold includes facility access and weight and cardio equipment use.

Silver includes facility access and indoor and outdoor pool use.

Facility Passes include access to open gym activities such as basketball, pickleball and volleyball.

Track Passes include access to our indoor track.

Daily Fees include one-visit access to our entire facility.

Residents are those who live within North Liberty's corporate limits. County residents and others outside city limits with a 52317 ZIP code are classified as non-residents. Please be prepared to show ID when registering for or attending recreation programs.

Daily	Adult	Children ages 3 or older, Adults, Seniors	\$6 per person
	Senior		
	Child		
	Infant	Children ages 2 or younger	Free

			Black & Gold		Gold or Silver		Facility Pass		Track Pass	
			Res.	Non	Res.	Non	Res.	Non	Res.	Non
Monthly	Adult	Individuals ages 19 to 59	\$54	\$68	\$36	\$45	\$10	\$13	Free	\$13
	Discounted	Under 19, over 60, retired or active military or full-time students	\$45	\$56	\$30	\$38	\$5	\$6	Free	\$6
	Couple	Two adults sharing a residence	\$93	\$116	\$62	\$78	\$15	\$19	Free	\$19
	Family	Entire household	\$180	\$225	\$120	\$150	\$20	\$25	Free	\$25
Annual	Adult	Individuals ages 19 to 59	\$324	\$405	\$216	\$270	\$60	\$75	Free	\$75
	Discounted	Under 19, over 60, retired or active military or full-time students	\$270	\$338	\$180	\$225	\$30	\$38	Free	\$38
	Couple	Two adults sharing a residence	\$558	\$698	\$372	\$465	\$90	\$113	Free	\$113
	Family	Entire household	\$1,080	\$1,350	\$720	\$900	\$120	\$150	Free	\$150

FINANCIAL ASSISTANCE

The Recreation Department offers financial assistance for memberships or programs based on need.

Completed forms are sent to Hawkeye Area Community Action Program (HACAP) for certification. Once income is certified, a sliding scale is used to determine the percentage of fee to be paid. To learn more, visit northlibertyiowa.org/financial-assistance.

SilverSneakers memberships for older adults are available for qualifying Medicare recipients. Learn more at medicare.org/articles/what-is-the-silversneakers-program.

AQUATICS

SWIMMING LESSONS

Group and private swimming lessons for children are offered year-round and are in high demand. Classes include Parent & Tot (for children as young as six months), Tadpoles and Levels 1 through 6. Students must demonstrate proficiency at each level before successfully passing to the next level. Swimmers may be required to repeat levels before moving up.

Registration for lessons begins on Dec. 2 for residents and Dec. 4 for non-residents and is available first-come, first-served, on-line beginning at 6 a.m. Additional information such as level descriptions, schedule, times and fees can be found at northliberty.recdesk.com.

Jan 20-Feb 17	Mondays (Group, all levels)	4:45, 5:30, 6:15pm	\$25-35
Feb 24-Mar 31 (no 3/17)			
Apr 7-May 5			
Jan 21-Feb 18	Tuesdays (Private)	4:40, 5:15, 5:50, 6:25pm	\$75-85
Feb 25-Apr 1			
Apr 8-May 6			
Jan 22-Feb 19	Wednesdays (Group, all levels)	4:45, 5:30, 6:15pm	\$25-35
Feb 26-Apr 2 (no 3/19)			
Apr 9-May 7			
Jan 23-Feb 20	Thursdays (Private)	4:40, 5:15, 5:50, 6:25pm	\$75-80
Feb 27-Apr 3 (no (3/20)			
Apr 10-May 8			
Feb 1-Mar 8	Saturdays (Group, levels 1-4)	9, 9:45, 10:30am	\$30-40
Mar 29-May 3			

Adult Beginners Group Lessons

Bring your swimming goals to class and an experienced instructor will give you the tools to help you reach them in a small group setting. Space limited to four participants.

Jan 21-Feb 18	Tuesdays	6:25-6:55pm	\$25-35
Feb 25-Apr 1			
Apr 8-May 6			

CERTIFICATION CLASSES

Blended Learning Adult and Pediatric First Aid/CPR/AED

Become American Red Cross-certified. This blended-learning class will teach you how to care for victims with cardiac emergencies, give CPR, use an AED, care for choking victims and address sudden illness, injuries and environmental emergencies. Participants will be required to view course videos prior to class. Open to 12 and up.

Feb 2	Sunday	12-3pm	\$60-65
Mar 7	Friday	9:30am-12:30pm	\$60-65

Blended Learning Lifeguard Class

Become an American Red Cross-certified lifeguard to work at the pool. Pre-test required: Must be able to swim a 200-yard freestyle and 100-yard breaststroke continuously, tread water for two minutes without the use of your arms and complete a timed brick test. Must demonstrate correct rescue skills, first aid/CPR and receive 80 percent proficiency on written exam. Participants will be required to view course videos prior to class. Must be 15 years of age by the last day of course.

Jan 2-4	Thurs-Saturday	Thurs: 9am-5pm; Fri: 9am-5pm; Sat: 9am-3pm	\$175-180
Feb 28-Mar 2	Friday-Sunday	Fri: 5-9pm; Sat: 9am-6pm; Sun; 9am-6pm	\$175-180
Apr 11-13	Friday-Sunday		
May 2-4	Friday-Sunday		

Lifeguard Instructor Class

This course trains instructor candidates to teach American Red Cross courses including Lifeguarding, Waterpark Skills and CPR/AED for Professional Rescuers and Health Care Providers, and individuals who hold a current student-level Waterfront Skills certificate can teach the Waterfront Skills course. Must demonstrate the ability to perform the following prerequisite skills: entry, swimming approach, surface dive in deep water (7 to 10 feet), passive submerged rescue, rapid extrication (with an assisting rescuer), rapid assessment and single-rescuer CPR (3 minutes). Candidates must possess and show current American Red Cross lifeguard certification and professional-rescuer CPR/AED certification and complete and provide proof of online lifeguard instructor orientation before the first day of in-person class. Must be at least 17 years of age by the end of the course. Must successfully complete the instructor online course, attend all class sessions and demonstrate all required skills and activities to the standard and pass the written final exam with a minimum score of 80 percent.

Feb 21-23	Friday-Sunday	Fri: 5-9pm; Sat: 9am-5pm; Sun; 9am-5pm	\$215-220
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Lifeguard Instructor/Trainer Review

This course is for those who currently hold an instructor/trainer certification and need to complete an in-person review every two years to maintain certification. Review administration procedures and participate in a skills polish session to ensure consistency in all American Red Cross courses. Proof of Lifeguard Instructor Certification is required. This class does NOT include the basic level lifeguard certification.

Jan 12	Sunday	9am-5pm	\$100-105
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WATER FITNESS CLASSES

Registration begins on Dec. 2 for residents and Dec. 4 for non-residents and is available first-come, first-served, online at northliberty.recdesk.com beginning at 6 a.m. Daily drop-ins allowed if class roster is not full.

Aqua Boot Camp

This class is full of fun and energizing activities designed to help you reach your fitness goals now. The exercises are performed using the full length of the pool, but no swimming skills are needed to participate. Regardless of your age, size or fitness level, you can achieve very noticeable results. Whether you are a beginner, an avid fitness enthusiast or simply looking for a new type of workout this aquatic adventure is for you. Ages 15 and up. Daily \$5 drop-in fee. Instructor: Janet Holland

Jan 2-30	Tues/Thurs	5:45pm-6:30pm	\$31.50-36.50
Feb 4-27	Tues/Thurs	5:45pm-6:30pm	\$28-33
Mar 4-27	Tues/Thurs	5:45pm-6:30pm	\$28-33
Apr 1-29	Tues/Thurs	5:45pm-6:30pm	\$31.50-36.50

Aqua Dance Fusion

Join us for a high-intensity, low-impact water workout designed to get your heart pumping and muscles moving. Dive into a blend of dance, cardio, and aquatic resistance for a fun and refreshing exercise experience. Perfect for all fitness levels, this class combines the energy of dance with the benefits of water resistance, helping you burn calories and tone muscles without straining your joints. Make a splash and groove to the beat. Water provides excellent resistance, making it a great workout to build strength and endurance while being gentle on the joints. Ages 15 and up. Daily \$5 drop-in fee. Instructor: Tara Allen

Jan 8-29	Wednesdays	7:15-8pm	\$14-19
Feb 5-26 (no 2/19)	Wednesdays	7:15-8pm	\$10.50-15.50
Mar 5-30	Wednesdays	7:15-8pm	\$14-19
Apr 2-30	Wednesdays	7:15-8pm	\$17.50-22.50

Aqua Zumba

Are you looking to try something new? Come try Aqua Zumba. The pool party experience that takes the high energy Zumba moves and incorporates low-impact Aqua Fitness. The instructor is on deck for your view and come ready to work those muscles. Ages 15 and up. Younger individuals may attend with an adult. Daily \$5 drop-in fee. Instructor: Abby Noelck

Jan 5-26	Sundays	9:15-10am	\$14-19
Jan 7-28	Tuesdays	7:15-8pm	\$14-19
Feb 2-23 (no 2/16)	Sundays	9:15-10am	\$10.50-15.50
Feb 4-25	Tuesdays	7:15-8pm	\$14-19
Mar 2-30 (no 3/16 or 3/23)	Sundays	9:15-10am	\$10.50-15.50
Mar 4-25 (no 3/18)	Tuesdays	7:15-8pm	\$10.50-15.50
Apr 1-29	Tuesdays	7:15-8pm	\$17.50-22.50
Apr 6-27 (no 4/13)	Sundays	9:15-10am	\$7-12

Arthritis Aquatic Class

This recreational exercise program is designed for men and women, regardless of age. Exercise without putting excess strain on joints and muscles while performing gentle range of motion exercises and stretching muscles. Enjoy physical benefits such as decreased pain and stiffness, as well as increased muscle strength, flexibility and joint mobility. Leaders develop a fun, friendly supportive group with lasting friendships. Daily \$3 drop-in fee. Leaders: Verlee Lauderbaugh (Mon/Wed/Fri) and Becky Peters (Tues/Thurs)

Jan 2-30	Tues/Thurs	10-10:50am	\$18-23
Jan 3-31	Mon/Wed/Fri	10-10:50am	\$26-31
Feb 3-28	Mon/Wed/Fri	10-10:50am	\$24-29
Feb 4-27	Tues/Thurs	10-10:50am	\$16-21
Mar 3-31	Mon/Wed/Fri	10-10:50am	\$26-31
Mar 4-27	Tues/Thurs	10-10:50am	\$16-21
Apr 1-29	Tues/Thurs	10-10:50am	\$18-23
Apr 2-30	Mon/Wed/Fri	10-10:50am	\$26-31

Easy Does It

This water workout is slower-paced with plenty of no-impact options in both shallow and deep water. Resistive and buoyant equipment may be used, as well as floatation belts for deep water. All equipment is provided. Improve your range of motion, joint flexibility, posture, balance, core strength and endurance. Water shoes and water bottle recommended. Ages 15 & up. Daily \$5 drop-in fee. Instructor: Jennifer Arturo

Jan 6-31	Mon/Wed/Fri	9-9:50am	\$42-47
Mar 3-31	Mon/Wed/Fri	9-9:50am	\$45.50-50.50
Apr 2-30	Mon/Wed/Fri	9-9:50am	\$45.50-50.50

Water Resistance

Exercise in shallow and deep water, which results in low to no impact on your joints. Improve your posture and core strength, range of motion, flexibility, endurance and overall muscle strength in a liquid gym. A variety of resistive and buoyant equipment may be used and will be provided. Floatation belts and Hydro Fit ankle cuffs are provided for deep water workouts. This fast-paced class is a great way to burn calories and decrease stress. Water shoes and water bottle recommended. Ages 15 & up. Daily \$5 drop-in fee. Instructor: Colette Soultis

Jan 6-31	Mon/Wed/Fri	8-8:50am	\$42-47
Feb 3-28	Mon/Wed/Fri	8-8:50am	\$42-47
Mar 3-31 (no 3/17-3/21)	Mon/Wed/Fri	8-8:50am	\$35-40
Apr 2-30	Mon/Wed/Fri	8-8:50am	\$45.50-50.50

SPECIAL PROGRAMS

Indoor Triathlon

Are you a triathlete? Or have you been interested in completing a triathlon but feel a bit intimidated by the open swim portion? Jump into the new year by joining us for our indoor triathlon. Select your heat at the time of registration. Each participant will swim for 10 minutes, bike for 30 minutes and run for 20 minutes with distances recorded for each portion. The transition will be 5 minutes between each activity. Your goal is to go as far as you can during the designated time frame. At the end, all three distances will be added together to determine who went the furthest. Open to ages 12 and older.

Feb 16	Sunday	Heat 1: 8:10am Heat 2: 8:45am Heat 3: 9:20am Heat 4: 9:55am	\$30-35
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Recreational Swim Team

Is your child interested in joining a swim team but not sure if they're ready to jump into one at the competition level? If so, our swim team is perfect for them. Focus on improving stroke techniques and building endurance as well as instruction on flip turns and starts in an organized and relaxed environment. Minimum requirements: Must be able to swim one length of the pool freestyle and one length of the pool backstroke. Your child should have an idea of how to swim breaststroke and butterfly, but it is not required that they be able to swim them.

Jan 23-Feb 20	Thursdays	7-8pm	\$30-35
Feb 27-Apr 3 (no 3/20)	Thursdays	7-8pm	
Apr 10-May 8	Thursdays	7-8pm	

Special Swims

Enjoy the pool for extended open swim hours on your breaks from school.

Holiday Swims	Jan 20, Jan 29, Mar 7, Mar 31, Apr 18 (Spring Break dates TBD)	1-4pm	\$3/child; \$4/adult
Family Fridays	Jan 24-Apr 25	5:30-8:30pm	\$16/family of 4, then \$3/child
Sunday Swims	Feb 2 - Bring a Friend	1-3pm	One at regular price; one free
	Mar 30 - Spring into the Pool	1-3pm	\$2/person

Swimming Safety Day

Join us for a free swim lesson and water safety lesson for kids ages 3 to 12. Receive swimming safety handouts, coloring sheets for kids and raffles for lifejackets. This event is free but registration is required and begins on Sunday, March 30, at 8am.

Apr 6	Sunday	10-10:45am and 11-11:45am	Free
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Underwater Egg Hunt

Talk about a twist to your typical egg hunt: Our indoor pool will be full of eggs for participants to collect followed by open swim. Raffles, arts and crafts and goodie bags also included. Caregivers must be in the water with all children ages 1 to 5 and all non-swimmers ages 6 to 10. Registration is required and opens on April 8 at 8 a.m.

Egg Hunt	April 13	Sunday	Ages 1-5: 9:45-10am	\$5/child
			Ages 6-10: 11-11:15am	
Open Swim	April 13	Sunday	Ages 1-5: 10-10:45am	
			Ages 6-10: 11:15am-12pm	

BABIES, TODDLERS & PRESCHOOLERS

Full program descriptions, schedule, times and fees can be found at northliberty.recdesk.com. Registration for most classes/programs will begin Dec. 2 for residents and Dec. 4 for non-residents and is available first-come, first-served, on-line beginning at 6 a.m.

DANCE CLASSES

The mission of Tippi Toes Dance is to develop a love of dancing in children by creating a positive experience that promotes healthy living habits, helps build self-confidence and a love for others. Questions can be directed to Carson Simpson at iowacitymgr@tippitoesdance.com or Kaylee Hanf at (319) 853-8488 or misskaylee@tippitoesdance.com.

Toddler & Me

Dance for children 18 months to three years of age. Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. Class includes mom, dad or another loved one participating in the class along with the little dancer.

Jan 21-Mar 11	Tuesdays	5:30pm	\$110
Jan 22-Mar 12	Wednesdays	9:30am	\$110
Mar 25-May 31	Tuesdays	5:30pm	\$110
Mar 26-May 14	Wednesdays	9:30am	\$110

Baby Ballet

Transition class for ages two to three years old. Music, movement, balance and basic dance steps are introduced in a fun, friendly and positive manner. This class is for children who can participate on their own, without parental involvement. Teachers will keep the fun and positive music and curriculum moving along. Parents and family members will be asked to wait outside of the dance room during the class to help limit distractions for the young dancers. This can be flexible for the first few weeks until dancers get more comfortable in the class.

Jan 22-Mar 12	Wednesdays	10:15am or 5:30pm	\$110
Mar 26-May 14	Wednesdays	10:15am or 5:30pm	\$110

Ballet/Tap/Jazz

This class incorporates ballet, tap and jazz styles and techniques encouraging self-expression and creativity for children four to five years old. High-energy music is used throughout the class to get dancers moving, using their imagination and having fun. Parents and family members will be asked to wait outside of the dance room during the class to help limit distractions for the young dancers. This can be flexible for the first few weeks until dancers get more comfortable in the class.

Jan 21-Mar 11	Tuesdays	6:15pm	\$140
Jan 22-Mar 12	Wednesdays	6:15pm	\$140
Mar 25-May 31	Tuesdays	6:15pm	\$140
Mar 26-May 14	Wednesdays	6:15pm	\$140

ARTS & CRAFTS

Painting 101

Who doesn't love to paint? Class for ages 3 to 5. Registration deadline: Dec. 30

Jan 7-28	Tuesdays	6pm	\$25-30
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Lil Chefs

In this awesome class that brings together fun and food, kids will create delicious treats to enjoy during class or take home. This class is for kids ages 3 to 5. Registration deadline: Jan. 27

Feb 4-25	Tuesdays	6-7pm	\$45-50
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Builders Club

This class for ages 3 to 5 is centered around your child's imagination. Different items such as Legos and Kapla Blocks will be used to build many creations. Class will have challenges and competitions between building teams. Creations will not go home with students, but we will take pictures that you can access. Registration deadline: Mar. 29

Apr 8-29	Tuesdays	6pm	\$25-30
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PEE-WEE SPORTS

Non-competitive approach to help your 3- to 5-year-old child learn sports basics, socialize and have fun. Participants must be three by first class. Classes held in Roberts Gymnasium at the North Liberty Recreation Center.

Basketball	Jan 8-29	Wednesdays	10am or 5:30, 6:15 or 7pm	\$30-35
Soccer	Feb 5-26	Wednesdays	10am or 5:30, 6:15 or 7pm	\$30-35
Baseball	Mar 5-Apr 2 (no 3/19)	Wednesdays	10am or 5:30, 6:15 or 7pm	\$30-35

SCHOOL-AGED YOUTH

Full program descriptions, schedule, times and fees can be found at northliberty.recdesk.com. Registration for some of the programs below has begun. Other classes/programs will begin Dec. 2 for residents and Dec. 4 for non-residents, and is available on a first-come, first-served basis.

DANCE CLASSES

The mission of Tippi Toes Dance is to develop a love of dancing in children by creating a positive experience that promotes healthy living habits, helps build self-confidence and a love for others. Questions can be directed to Carson Simpson at iowacitymgr@tippitoesdance.com or Kaylee Hanf at (319) 853-8488 or misskaylee@tippitoesdance.com.

Poms/Hip Hop

Using popular and current music, students in grades K through 2 begin learning choreography quickly, along with various dance elements including isolations, jumps, turns and current hip hop and poms techniques. Students will work on formations, develop teamwork skills, build self-confidence and improve rhythm all in a fun environment. Our class is extremely tasteful and clean, and our priority is offering age-appropriate material.

Jan 27-Mar 10	Mondays	6:30pm	\$125
Mar 24-May 12	Mondays	6:30pm	\$140

Tippi Pro (Ballet/Jazz)

This class is for children in grades K through 2 who are ready to experience a bit of a challenge, while still enjoying a fun and supportive atmosphere. More time is spent on ballet jazz technique development and choreography. A high-energy, encouraging and no-pressure class environment. No previous dance class requirements and all skill levels welcome.

Jan 27-Mar 10	Mondays	5:30pm	\$125
Mar 24-May 12	Mondays	5:30pm	\$140

SPECIAL PROGRAMS

Kids Adaptive Superhero Class

Learn the skills of a superhero in this new class for ages 5-10. Work on balance, coordination, kicking, throwing, agility and more, learning to have fun while we exercise. Superhero capes will be provided for participants and superhero certificates received at the completion of the program. Instructor: Roni Harless

Jan 7-28	Tuesdays	6pm	\$52
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Adaptive Group Fitness Class

This class for ages 11-18 is open to participants of every ability. Week 1 (Boot Camp): Work on strength, agility, balance, coordination and working as a team. Week 2 (Yoga): Work on flexibility and strength. Week 3 (Sport Skills): Work on kicking, throwing, passing, shooting, dribbling and more. Week 4 (Dance & Dance Party): Show off your best dance moves and potentially learn new moves at a dance party. Instructor: Roni Harless

Feb 4-25	Tuesdays	6pm	\$52
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YOUTH SPORTS

NL Wrestling Club

A true club for wrestlers of all abilities and experience levels in the North Liberty Community as a feeder program to the Liberty High School and North Central Junior High. Beginner level class for all ages. No prior wrestling experience needed.

Feb 3-24	Mondays	6-6:50pm or 7-7:50pm	\$75
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North Liberty Coralville Baseball & Softball (NLCBS)

This recreational league serves more than 2,000 boys and girls ages 4 years old to 8th grade. NLCBS is not affiliated with the City of North Liberty, but uses city facilities, and offers Tee Ball, Coach-Pitch and developmental leagues for anyone who wants to try the game or further develop their skills. Games and practices primarily take place at Penn Meadows Park but also on fields throughout the area. Register online at www.nlcbs.org beginning Dec. 9. Registration closes in mid-March. No paper registration is available. Registration fees vary based upon age/division. All ages and skill levels are welcome and scholarships are available.

Outdoor Soccer - Spring

Spring Outdoor Soccer, featuring two options: recreation or hybrid divisions for Grades 1-6. Jason Witt and his coaches will be combining professional coaching with an age-fun, introductory program for new, co-ed players in a recreational environment. Hybrid players will receive one night of guided practice with a staff coach and league games on Saturday mornings. Recreational players will work on fundamentals with no league games. Emphasis will be on skill development and learning the game of soccer. Program will be held at Penn Meadows Park. Registration deadline: March 23

Apr 14-May 31	Hybrid Practice, Grades 1-3	Mondays	5:30-6:30pm	\$90
	Hybrid Practice, Grades 1-3	Tuesdays	5:30-6:30pm	
	Hybrid Practice, Grades 4-6	Tuesdays	6:40-7:40pm	
	Hybrid Practice, Grades 1-3	Saturdays	9am-1pm	
	Hybrid Games, Grades 4-6	Saturdays	11:15am-12:15pm	
	Recreational, Grades 1-3	Thursdays	5:30-6:30pm	\$60
	Recreational, Grades 4-6	Thursdays	6:40-7:40pm	

Union Baseball/Softball is NLCBS' answer to travel ball. Composed of select NLCBS players, we play in three local tournaments. Fees are kept low and fundraising opportunities are offered to help cover expenses. We are seeking to grow this initiative, limited only by the number of coaches willing to take on a team. Teams will be formed based on USSSA's age guidelines. Players must also compete in our standard weeknight program on Tuesdays or Wednesdays (division-dependent). Email NLCBS at operations@nlcbs.org with questions or if you need assistance with registration or check the FAQ page on the **NLCBS website**. Practices start at the beginning of April with games starting in May.

Youth Competitive Team Basketball Leagues

Officiated 5-on-5 basketball for Grades 4-6 boys and girls. Entire team and coach sign up together. Each team will play five to eight games, depending on the number of teams registered. Eight teams per division or combined if not enough teams. Games will be played at the NL Recreation Center, Buford Garner and North Bend Elementary. Registration deadline: Dec. 15

Grade 4	Jan 6-Mar 3	Mondays	6-9:30pm	\$375/team
Grades 5 & 6	Jan 9-Mar 6	Thursdays	6-9:30pm	\$375/team

RECSTERS BASP

Our before- and after-school program provides recreational activities, supervision and guidance for children in kindergarten through sixth grade, during the school year. Program operates on the Iowa City Community School District calendar. Serving Garner, Grant and Penn students. Contact Matt Fielder at mfielder@northlibertyiowa.org or call (319) 626-5716 for more information.

Recsters BASP	2024-2025 school year	Before and after school	AM - \$85/month; PM - \$240/month; Both - \$275/month; Non-refundable hold fee: AM - \$75; PM - \$75
All-Day Dates*	Jan 29, Mar 7, Mar 31, Apr 18	7am-6pm	\$60/day
Spring Break Camp*	Mar 17-21 (no single day option)	7am-6pm	\$60/day

*All-Day Dates/Spring Break Camp must have at least 10 enrollments per day. All-Day Dates registration deadline is five business days before program date. Spring Break Camp enrollment is ongoing, and deadline is March 1.

In-person registration for Recsters Summer Camp begins March 3 for current BASP participants and last summer participants. Online registration opens to the public on April 1.

ADULTS & SENIORS

For adults, programs include fitness classes, co-ed volleyball and basketball leagues. Additional information such as program descriptions, schedule, times, and fees can be found at northliberty.recdesk.com. Registration for some of the programs below has begun. Other classes/programs will begin Dec. 2 for residents and Dec. 4 for non-residents, and is available on a first-come, first-served basis.

FITNESS CLASSES

We offer a variety of fitness and wellness classes. Most sessions are offered monthly, with drop-ins allowed for a fee if space permits.

Beginners Yoga

This full body movement class helps you get stretched and poised for an awesome day, physically and mentally, as you set intentions with awareness and breath. Perfect for all levels, this practice focuses on alignment and encourages you to do what feels good in your mind and body for the rest of the day. Bring a mat and water bottle. Ages 16 and up. Daily drop-ins: \$18 per class if not at capacity. Additional sessions might be added. Instructor: Shuva Rahim

Mar 7-28	Fridays	6:45-7:45am	\$60
Apr 4-25	Fridays	6:45-7:45am	\$60

Body Blast

Motivating workout features 25 minutes of low-impact aerobics to ramp up your heart rate, 20 minutes of strength training with free weights to increase strength and tone and 15 minutes of abdominal work. Ages 14 and up. An online option is available to work out from home. Daily drop-ins: \$5 per class if not at capacity. Instructor: Sandi Cook, ACE Certified

Jan 2-30	Tues/Thurs	6-7pm	\$27-32
Feb 4-27	Tues/Thurs	6-7pm	\$24-29
Mar 4-27 (no 3/18)	Tues/Thurs	6-7pm	\$18-23
Apr 1-29	Tues/Thurs	6-7pm	\$27-32

Hapkido Jujitsu

Martial arts class with strong roots from both Korea and Japan. An all-encompassing system that uses both hard and soft movements/techniques. Ground fighting and weapons are also part of the curriculum. Students will learn nerve, blood and bone strikes. This is a combat-oriented style. Open to ages 17 and older. Additional sessions might be added. Instructor: Paul York

Jan 2-30	Tues/Thurs	6-7pm	\$60/month (1x per week) \$100/month (2x per week)
Feb 4-27	Tues/Thurs	6-7pm	
Mar 4-27	Tues/Thurs	6-7pm	
Apr 1-29	Tues/Thurs	6-7pm	

Intermediate Yoga

Want to continue or restart your yoga practice? Join us on Sundays to reset for the coming week. A functional blend of different schools of yoga, exploring your body and adequate time to rest the mind. Some exposure to yoga preferred. Daily drop-ins: \$15 per class if not at capacity. Instructor: Deb Cannon

Jan 5-Mar 9	Sundays	4-5:15pm	\$135
Mar 16 (Yoga Nidra)	Sunday	4-5:15pm	\$15
Mar 23-Apr 27 (no 4/20)	Sundays	4-5:15pm	\$67.50

Personal Trainer – Megan Turner

Becoming healthier is not only about looking good. It's also about *feeling* good. Regular exercise and better nutrition can prevent and reverse chronic diseases, increase mood and energy level, increase sleep quality, improve depression and lower anxiety and stress. Why not work with a personal trainer to help you work toward your goals? Sessions are 45 min each. Training sessions are scheduled Monday and Wednesday evenings at 4:30, 5:30 and 6:30pm or Friday mornings at 6 or 7am. Once you sign up, the instructor will contact you to set up date/times for your sessions that work best for your schedule. If you have any questions, email the trainer at megturnercoaching@gmail.com.

Qigong Movement for Wellbeing

Qigong, sometimes called the grandmother of tai chi, is the basic exercise system within Chinese medicine. It focuses on opening the places in your body where your circulating energy is blocked, allowing your life force, known as "qi", to flow freely. As a slow-moving, peaceful, meditative form of exercise, qigong can be practiced by people of all ages and abilities. We will use a mix of videos from the Great Courses to lead our routines. The movements in this course are slow and simple, and always carefully modeled and explained. The practice of qigong, time-tested over thousands of years, has the potential to improve your physical fitness, free your mind, and energize your life with renewed vitality. This class is offered by the Iowa City Senior Center at no cost but registration is required. Facilitator: Emily Edrington

Jan 6-Apr 16	Wednesdays	11:15am-12pm	Free
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Taiji Classes

Taiji Level 1 is to learn fundamental Taiji movements: ward off, roll back, press and push in a Four Hands form. No experience needed. At the end of the session, students will know what Taiji is. Taiji Club and Taiji Garden are for students who have completed Level 4. Instructor will inform you of conflicts when class is not offered.

Instructor: Haiming Chen

Level 1	Jan 6-Feb 17	Mondays	7:30-8:50pm	\$76.50
	Mar 3-Apr 14	Mondays	7:30-8:50pm	\$76.50
Taiji Club	Jan 6-Jun 30	Mondays	5:20-6:20pm	\$120
Taiji Garden	Jan 6-Jun 30	Mondays	6:30-7:20pm	\$120

Total Body Sculpt

Put the fun back into your workout. Boost metabolism, tone muscle, increase strength and cardio endurance using free weights, body weight and other equipment. We will hit all the major muscle groups including twenty minutes of ab and core work. All fitness levels welcome. Ages 14 and up. An on-line option is available to work out from home discussed with through the instructor. Daily drop-ins: \$5 per class if not at capacity. Instructor: Sandi Cook, ACE Certified

Jan 6-29	Mon/Wed	6-7pm	\$24-29
Feb 3-26	Mon/Wed	6-7pm	\$27-32
Mar 3-31	Mon/Wed	6-7pm	\$27-32
Apr 2-30	Mon/Wed	6-7pm	\$27-32

Vinyasa Yoga

Class includes grounding, flow, balance, strength and breathing techniques. This practice explores body and mind by connecting breath and movement. Please bring a mat and water bottle. All levels welcome. Open to ages 16 and older. Instructor: Mariah Santellan

Jan 8-30	Wed/Thurs	6:30-7:30pm	\$80
Feb 5-27	Wed/Thurs	6:30-7:30pm	\$80
Mar 5-27	Wed/Thurs	6:30-7:30pm	\$80
Apr 2-30	Wed/Thurs	6:30-7:30pm	\$90

Walk With Ease

The Arthritis Foundation's Walk With Ease Program is a community-based physical activity and self-management education program. While walking is the central activity, Walk With Ease also includes health education, stretching and strengthening exercises, and motivational strategies. The program includes a guidebook and a walking schedule to get you safely moving toward better health. This group will meet three times a week for six weeks, walking on the indoor track and potentially outdoors if the weather is inviting. This evidence-based program that has been proven to improve the quality of life of people with arthritis, but anyone who wants to add regular activity into their lives can benefit. This class is offered by the Iowa City Senior Center at no cost but registration is required. Instructor: Emily Edrington

Jan 7-Feb 21	Tues/Wed/Fri	1-2pm	Free
Mar 4-Apr 18	Tues/Wed/Fri	10-11am	Free

Zumba

A cardio-focused class infused with Latin dances and hip-hop. Variances to the steps are offered to ensure it is adaptable for all fitness levels. It is a fun class, with no judgement on skill level. Come join the party. Daily drop-ins \$5 per person if class not full. Instructor: Abby Noelck

Jan 2-30	Tues/Thurs	5-5:45pm	\$27-32
Feb 4-27	Tues/Thurs	5-5:45pm	\$24-29
Mar 4-27 (no 3/18 or 3/20)	Tues/Thurs	5-5:45pm	\$18-23
Apr 1-29	Tues/Thurs	5-5:45pm	\$27-32

ADULT LEAGUES, LESSONS & OPEN GYM

Adult Men's Volleyball

Six-player, self-officiated league with two divisions for anyone 18 years or older (not in high school) at North Bend Elementary. Six teams per division. Registration deadline: Dec. 29

Jan 9-Mar 13 (no 2/9)	Sundays	6-9pm	\$95/team
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Adult Pickleball Beginner Lessons 1.0

A fun and easy game to learn with friends and stay active. Led by an instructor, you'll learn the rules and how to play with fun lessons and drills. We'll match you up with a partner of like ability to practice various skills in a lowkey, fun environment. Equipment (paddles and balls) provided. Participants should wear tennis shoes, athletic clothing and bring a water bottle. Open to ages 20+.

Jan 7-28	Tuesdays	7:15-8:15pm	\$50/player
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Adult Pickleball Beginner Lessons 2.0

Continue your growth in pickleball knowledge with these additional beginner classes. Continue through the basics and learn more strategies. We encourage players to take Lessons 1.0 prior to these lessons. Equipment (paddles and balls) provided. Participants should wear tennis shoes, athletic clothing, and bring a water bottle. Open to ages 20+.

Feb 4-25	Tuesdays	7:15-8:15pm	\$50/player
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Free Gym Nights

Designated free nights to play basketball in Jones Gymnasium. Subject to cancelation for special events or programs. No team practices or pick-up games allowed. Regular facility supervision rules apply.

First & Third Tuesdays Second & Fourth Fridays	6-9pm	Free
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Men's Basketball

Officiated 5-on-5 league for men 18 and older (not in high school). Games held at North Liberty Recreation Center. Maximum of eight teams. Registration deadline: Dec. 15

Jan 5-Mar 9 (no 2/9)	Sundays	4-8pm	\$400/team
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Open Gym

Stop by the Rec Center during the times specified below to play your favorite sport. Check with the front desk for conflict dates when programming takes precedence. Monthly, Annual or Daily fees apply. Ages 18 and up (not in high school).

Basketball	Daily		Regular gym rates
Pickleball	Sundays	8am-12pm	
	Mon-Fri	6am-12pm	
Volleyball	Fridays	6-9pm	

SPECIAL PROGRAMS

55+ Connections Lunch

Catered lunch every Friday continues. Come for lunch, play an activity, listen to speakers or just socialize in the Rec Center meeting rooms. Must call the Rec Center: (319) 626-5716 or go online by noon on Thursday to make a reservation. Meal is served at 11:30 a.m., followed by an activity or speaker from 12 to 1 p.m.

Ongoing	Fridays	11:30am-1pm	\$5
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Club 24

Named in honor of Heisman Trophy winner and Iowa Hawkeye Nile Kinnick, Club 24 is an opportunity for seniors to socialize while watching the most recent Iowa football game. Sit back, relax, and watch and discuss the game over coffee and snacks. Participants must sign up weekly by calling the Rec Center at (319) 626-5716, visiting the Rec Center front desk or registering online.

Ongoing	Mondays	6:00pm	Free
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Euchre Club

Come play Euchre at the Community Center. No experience is needed; we can teach you the game. Come with a partner or we can pair you with someone. Sign up online, over the phone or in person at the Recreation Center.

Ongoing (beg. Jan 10)	Fridays	1:30-3:30pm	Free
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FAMILY PROGRAMS

Board Game Checkout

If board games interest you, come play at the North Liberty Community Center during regular facility hours or check out one of the 16 games to take home and play. This is a good alternative to video gaming and a great way to bring the family together.

Community Gardens

Garden plots (10×30 feet) are available at the Meade Barn on the east side of Penn Meadows Park. A hydrant is available, but no hose hookups are allowed. Plot holders must bring buckets to carry water. Planting may begin May 1 and must be cleared by Nov. 1. Plots are assigned on a first-come, first-served basis at time of registration with payment and a completed lease agreement. Returning plot holders can register in person at the Community Center on Friday, Apr. 11, at 6 a.m. Open registration begins in-person on Friday, Apr. 18, at 6 a.m. Residents: \$40 per plot; non-residents: \$45 per plot.

Fishing

This March and April, check out rod and reels if fishing is your fancy. Many of our local ponds are stocked with fish and offer the opportunity to find your favorite fishing hole. Check out is through the North Liberty Community Center during regular facility hours. Deposit required. Open to ages 12 and older.

Free Gym Nights

Designated free nights to play basketball in Jones Gymnasium will be offered from 6 to 9 p.m. on the first and third Tuesdays and second and fourth Fridays of each month. Subject to cancelation for special events or programs. No team practices allowed. Regular facility supervision rules apply.

Hiking

Get off the beaten path at nearby hiking trails. **Squire Point and Woodpecker trails**, just east of town, are a popular destination, but there are other trails nearby maintained by the **Bur Oak Land Trust**, the **US Army Corps of Engineers**, **Johnson County Conservation**, and the **University of Iowa**.

Make It Mondays

The Recreation Department offers a new to-go pack with a hands-on activity, coloring pages and other fun items in its weekly themed kits. To participate in the program, simply stop by the North Liberty Community Center and pick up a free activity kit while supplies last. Kits are available throughout the school year.

Outdoor & Nature Education Packs

Get outside and explore the world around you. Our O.N.E. Packs include activities to learn about the outdoors, wildlife and habitats in Iowa. Themes included are Birds, Animals of Iowa, Trees, Insects & Spiders, Outdoor Skills, Aquatic Habitats, Creatures of the Night, Wildflowers & Prairies, Rocks & Minerals, and the Wild Turkey. These packs are free to check out at the North Liberty Community Center with completion of check out forms and a deposit.

Recreation Trails

Even in winter, our parks team clears our trail system – all 25 miles of it. And with recent years' emphasis on expanding and connecting, it's even easier to find a route that suits you and your family. Our trail system not only offers safe places for beginning bicyclists but assists many who log miles of walking or running and connects to the larger trail system throughout the county. You can get a map of the **North Liberty Trail Corridor Network** or the larger **regional trail system** online.

SPECIAL EVENTS

Take a Kid Outdoors: Ice Fishing

Bundle up and come on out to try your luck catching some panfish at Liberty Centre Pond as part of the annual Beat the Bitter winter festival. Ice fishing equipment will be provided as well as a free lunch. A valid fishing license will be required for those taking part in this event. Visit takeakidoutdoors.org for more information and to register ahead of time. Children must be accompanied by an adult throughout each event.

Jan 25	Saturday	11am-1pm	Free
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Boy Scouts Annual Chili Supper

North Liberty Boy Scout Troop 216 will host their annual chili supper in the Gerdin Conference Center at the North Liberty Community Center. Meat and vegetarian chili will be offered.

Feb 1	Saturday	4:30-7pm	TBD
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Euchre Tournament

Grab a partner and come play Euchre at the Community Center. 100 percent payout to the top three winners. Tournament rules will be determined based on the number of teams that enter. For more information contact Matt Meseck at mmeseck@northlibertyiowa.org or Zach Pilcher at zpilch@northlibertyiowa.org or call 319-626-5716.

Mar 8	Saturday	9am	\$20/team
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North Liberty Optimist Pancake Breakfast

Save the date. More information will be available soon.

Mar 8	Saturday	7am-1pm	TBD
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Operation Leprechaun

Follow the string of clues around North Liberty to help capture a runaway leprechaun from Mar. 14 to Mar. 23. Be careful and watch out for the traps.

EGGstravaganza

A weekend of fun bringing together family favorites. Rec Center staff will supply the wooden eggs, markers and spinners to decorate as you wish. Open to ages 6 to 10. Explore springtime dioramas around the Gerdin Conference Center on the Bunny Clue Trail. Take photos with spring inflatables and other décor and earn spring treasure, including a treat bag and a succulent. Then join us underwater for a twist on your typical egg hunt. Swim around the indoor pool to collect colorful plastic eggs. There will be raffles, arts and crafts and goodie bags for participants. Caregivers must be in the water with all children ages 1 to 5 and all non-swimmers ages 6 to 10. Registration is required for the Underwater Egg Hunt and registration opens on Sun., April 6, at 8 a.m.

Bunny Clue Trail	Apr 12	Saturday	8am-12pm	Free
Egg Decorating	Apr 12	Saturday	8-10am	
Underwater Egg Hunt	Apr 13	Sunday	10-10:45am (ages 1-5)	\$5
			11:15am-12pm (ages 6-10)	

Take a Kid Outdoors: Spring Shed & Scavenger Hunt

Hunt for that Big Rack you've been dreaming about...in the spring. Gather your kids and come explore all that spring has to offer at Creekside Commons Park. See if the bucks have been generous with their antlers. Be prepared to go on a short hike and possibly walk on some muddy trails to see spring birds, bugs and flowers. Participants should dress to walk in the woods. Dress in layers and be prepared for a range of weather conditions. Bring a hat, work gloves, sunglasses, sunscreen, insect repellent, drinking water and any other items you may need to be comfortable in the outdoors. Participants are encouraged to bring a digital camera and/or binoculars. This free event is open to the public, including kids of all ages, and advance registration is requested. Visit takeakidoutdoors.org for more information and to register ahead of time. Those bringing six or more people should register to help TAKO plan equipment and food needs. Questions about the event can be directed to TAKO Executive Director Judy Joyce at (319) 330-3833 or by email at earthview01@gmail.com.

Apr 12	Saturday	11am-1pm	Free
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Maintaining Modern Cars 101

This class for ages 15 and older is about putting yourself in charge of your vehicle's service and repair needs at less cost, increasing efficiency and longevity. Topics include 22 critical service needs—when and why, 30 things to never do to your vehicle, show and tell of actual components and today's challenges. Please bring a note pad and pen. Participation encouraged. Register by April 21. Instructor: Charles Christie

Apr 26	Saturday	1-4pm	\$15
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Winter 2025 Library Program Guide

The North Liberty Library offers year-round space for reading, learning, arts and crafts, meetings and celebrations, workshops and more.

Mon-Thurs	8 a.m. to 8 p.m.
Friday	8 a.m. to 5 p.m.
Saturday	10 a.m. to 5 p.m.
Sunday	1 p.m. to 4 p.m.
Phone	(319) 626-5701
Web	northlibertylibrary.org

This program guide includes information about some of the library programs taking place January to April 2025. We offer a monthly newsletter featuring upcoming programming highlights from the Recreation Department, Library and other city departments. Sign up to get it delivered to your inbox at northlibertyiowa.org/subscribe or check the city's calendar at northlibertyiowa.org/events. Learn more about upcoming library programs at northlibertylibrary.org.

LIBRARY STAFF

Jennie Garner, Library Director – jgarner@northlibertyiowa.org
Jennifer Jordebek, Assistant Library Director – jjordebek@northlibertyiowa.org
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Corrie Brase, Assistant Adult Services Librarian – cbrase@northlibertyiowa.org

FACILITIES & FEATURES

Library Cards

Get a free library card at the library or register online at northlibertylibrary.org under the Use the Library tab. That card grants access to our physical and digital collections.

Fine Free

The North Liberty Library is fine free. Patrons will be notified by text message or email of overdue material, and items unreturned for more than eight weeks are subject to the replacement cost of the materials.

Meeting & Study Rooms

Rooms for individual study or group work, as well as for nonprofit, general informational, educational, cultural and civic purposes, are available at no charge.

Learning Center

Home to our regular indoor story times as well as a space for engagement and interactive play.

Teen Lounge

A safe space for teens and tweens to meet, play, connect and engage.

Adventure Pass

Looking for a weekend adventure or something to do when the kids are out of school? Use your library card to reserve FREE access to select Iowa attractions. Visit northlibertylibrary.org/adventure-pass for complete details and to reserve passes.

Library Services

The library has many FREE services:

- Check out **computers, laptops and e-tablets** you can use in the library
- Enjoy **great interactive programming** for all ages
- Take on one of our reading challenges, including the **Summer Reading Program** and the **Winter Reading Challenge**
- Join a **book club** or listen to one of our **podcasts**
- Need help finding something? Our **friendly library staff** are available to answer your questions or help you locate materials

You can explore and discover great information about these services on the library's **website**, and access thousands of free ebooks and eaudios through Digital Johnson County.

While you're there, click on the **Reference tab** and scroll down to see a variety of FREE resources where you can gain access to thousands of movies and documentaries for free on *Kanopy*, learn new languages on *Mango Languages*, get homework help using *BrainFuse* and *HelpNow*, brush up on your professional skills with *LinkedIn Learning* and more.

ACCESSIBILITY

We're committed to providing access, equal opportunity and reasonable accommodation at our events for individuals with disabilities. For accommodations, please reach out to communications@northlibertyiowa.org or call (319) 626-5726.

BABIES, TODDLERS & PRESCHOOLERS

DoodleBugs

Join the Cedar Rapids Museum of Art for their inspiring and creative DoodleBugs monthly program. Every class starts with a book and ends with imagination and creation. This program is typically held on the fourth Monday of each month at 10:30 a.m. Check the library website for upcoming program dates and times.

Pied Piper

Join Orchestra Iowa's talented String, Percussion, Woodwind and Brass Chamber Ensembles as they introduce preschool-aged children to the instruments of the orchestra. Focused on fun and learning, Pied Piper programs offer children the opportunity to enjoy an up-close and personal 30-minute chamber concert. Check the library website for upcoming program dates and times.

Feb 13 and Mar 13	Thursdays	9am
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Library Storytimes

Find us in the Library's Learning Center (located in the Children's Area).

Baby Storytime

This storytime is geared for ages 0 to 2 and consists of a short book, songs, rhymes, fingerplays and fun for baby.

Ongoing	Tuesdays	10:30am
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Toddler Storytime

Geared for ages 18m to 3, Toddler Storytime consists of one or two books, songs, rhymes, fingerplays, bubbles and dancing.

Ongoing	Fridays	10:30am
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Family Storytime

Family Storytime features books, songs and fun for children 5 and under.

Ongoing	Saturdays	10:30am
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SCHOOL-AGED YOUTH

Super Tuesdays

Join us for monthly programs geared toward K-3rd graders.

Jan 7, Feb 4, Mar 4, Apr 1	Tuesdays	4:30-5:30pm
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Tweendom

Join us for monthly crafts and activities geared toward 4th-6th graders.

Jan 14, Feb 11, Mar 11, Apr 8	Tuesdays	4:30-5:30pm
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Teen Tuesdays

Bring a friend for monthly programs geared toward 7th-12th graders.

Jan 21, Feb 18, Mar 25, Apr 15	Tuesdays	4:30-5:30pm
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After Hours

Bring your friends for pizza, snacks, games, crafts, and fun. Scream, shout, run around with us after hours at the library. All participants will need to have a permission waiver signed when they are dropped off at the library.

Feb 28	Friday	5:30-8pm
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Teen Lit Crate

Looking for your next great read? Teen Lit Crate is a free bimonthly library book subscription service for teens 6th-12th grade. Fill out a simple survey about your reading interests. Each box contains 2-3 library books personally selected for you, snacks, candy and more. Crates will be available on March 3 and May 1. Registration will open one week before each crate drop.

ADULTS & SENIORS

55+ Connections: Tuesday Gathering

Join us for a weekly social gathering of rotating activities and friendly conversation - board games, puzzles, art, book discussions and more.

Ongoing	Tuesdays	10:30am
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55+ Connections Lunch

Catered lunch every Friday continues. Come for lunch, play an activity, listen to speakers or just socialize in the Rec Center meeting rooms. Must call the Rec Center: (319) 626-5716 or go online by noon on Thursday to make a reservation. Meal is served at 11:30 a.m., followed by an activity or speaker from 12 to 1 p.m. \$5 per person.

Ongoing	Fridays	11:30am-1pm
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Social Hour

Indulge in the perfect blend of community and caffeine at our weekly social hour, where coffee flows and connections grow.

Ongoing	Mondays	10am
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What's Good for Your Heart is Good for Your Brain: Discussing *Outlive* by Peter Attia

Dive into Peter Attia's book *Outlive* with Michelle Voss and her team from the UI Health, Brain & Cognition lab. This engaging four-week series will explore how heart health and metabolic health influence your risk for cognitive decline and Alzheimer's. Learn why physical activity and good sleep habits are crucial for brain wellness. Each week, participants will have assigned readings from the book, group discussions and interactive activities, and time to reflect on our own lifestyle and develop strategies for health. Series will take place at the Ranshaw House and registration is required. Check the Library website for registration information closer to the start of the series and don't miss this chance to enhance your understanding of brain wellness in a supportive and interactive environment. Registration information will be available closer to the

Jan 9-30	Thursdays	6:30pm
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Small Biz in Small Libraries: All About Resources

Join us in the Library meeting rooms for a sneak peek at the UI Resource Centers, a variety of services available to professionals and business owners. Maddi Brenner, a Business Librarian at the University's Tippie School of Business, will introduce the audience to the Small Business Development Resource Center and the Patent and Trademark Resource Center. We will also showcase ways they can support your business goals and aspirations. The program is free and open to all and is being offered in partnership with the University of Iowa's Pomerantz Business Library. Registration will open in December.

Jan 22	Wednesday	6pm
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Small Biz in Small Libraries: All About Brand Strategies

Are your investment pitches falling flat? Is your website failing to convert? Are your social videos struggling to increase awareness? Most likely, you have a gap that needs to be closed with your target audience. Strategic storytelling is the best way to close this gap. Join us at the Ranshaw House with guest speaker Trevor Britton. He will share how storytelling principles create more effective communication for your brand and highlight the common messaging pitfalls to avoid, along with inspiring examples of success using storytelling principles. Britton's best practices for brand storytelling will show you how to transform buyers into believers. The program is free and open to all and is being offered in partnership with Trampoline Strategies. Registration will open in January.

Feb 19	Wednesday	6pm
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FAMILY PROGRAMS & SPECIAL EVENTS

Hello 2025!

Join us in the Rec Center gyms for an exciting evening filled with fun, games and festive cheer as we welcome the New Year. Enjoy carnival games, bounces houses, treats, a Ballon Drop at 7pm and more.

Jan 3	Friday	6-7:30pm
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Women's History Month Art Exhibition

Throughout the month of March, the North Liberty Library's art gallery will feature works of women artists from our community. Featured artists include Rachel Peters, Jenna Buscher, Ivy Hinrichs and Shrravonii Paul.

Craft Supply Swap

The swap is back, just in time for spring cleaning. Too many craft supplies you're never going to use, just sitting around the house? Looking to refresh your craft supply hoard? Join other arts and craft enthusiasts at the Library for our Craft Supply Swap! Bring in items that you don't want anymore (papercrafts, yarn, thread, fabric, stickers, pencils, ribbon, glue, tools, etc.) all day Friday, April 4, and until 2 p.m. on Saturday, April 5. Then stop by during regular library hours on Saturday and Sunday to pick up new-to-you supplies! Don't have any items to bring? Don't worry about it! Anyone can "shop," no donation required. Any items left at the end of the swap will be donated to Crowded Closet.

Apr 5-6	Saturday-Sunday	During regular Library hours
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Cold Blooded Redhead

Lindsay Butikofer is a local reptile enthusiast who has recently pursued her passion of sharing reptiles/invertebrates. She will bring several of her various lizards, snakes, arachnids and more to the library to get up close and personal with attendees. Lindsay wants to give kids and adults alike the chance to learn, discuss, touch and even hold some reptiles.

Apr 9	Wednesday	6:30-7:30pm
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Playful Parenting

The North Liberty Library is proud to be a Family Place Library, and to offer the cornerstone program of Family Place Libraries, the Playful Parenting Group. All families need information, support and connections to local resources. Our fun play-based Playful Parenting Group is a relaxed, informal program where families can play and learn together, make friends and talk one-on-one with specialists in child development, speech and language, music and movement, nutrition and early literacy. This group is targeted toward children ages 1 to 3 and their grownups, however children 0 to 5 may attend. The group is offered two times a year, for five-week sessions. Times vary between weekday mornings, weekend mornings and evenings. Check the Library website for future dates and times and registration.

StoryWalk

The North Liberty Library's permanent StoryWalk, made possible by Veridian Credit Union, is located at Liberty Centre. Each year, it will display about six different stories, with recordings of your favorite librarians reading each story available for download. Select stories are available in braille overlay, provided by The Iowa Library for the Blind and Print Disabled.



JAN. 25 2-8 pm PENN MEADOWS PARK



SCHEELS



IOWA HEALTH CARE



North Liberty's SNUGGIE CRAWL

presented by



McGrath
Toyota of Iowa City