SUMMER 2025 ACTIVITY GUIDE

including recreation, library, City Slate and other community programming held May through August



Registration for most recreation programs begins April 7 for North Liberty residents



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North Liberty's City Slate is a collection of our largest special events planned by city staff. Every event on the Slate is free to attend and our team has tons of events in store this spring and summer. The yearlong schedule of events is made possible by Centro, Inc, Collins Community Credit Union, Corda Credit Union, The Eastern Iowa Airport – CID, Hills Bank, MidWestOne Bank, South Slope Cooperative, University of Iowa Hospitals & Clinics, Urban Acres Real Estate and Veridian Credit Union. Learn more at **northlibertyiowa.org/cityslate**.

Remarkable Rigs

Mav	10	Saturdav	10am-12pm	Cherry Street
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Meet the trucks and drivers and others that keep the city going at this showcase of public works vehicles.

Playground Crawl

May 17	Saturday	2-5pm	Parks around North Liberty
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Spend the afternoon with your household exploring the city's playgrounds. Treats and activities at each stop.

Ranshaw House Concert Series

Fridays in June and July 6-8pm Ranshaw House L	_awn
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Catch up with friends and socialize as a community on the Ranshaw House lawn. Bring a picnic, BYOB and enjoy live music from local artists performing on the historic house's front porch.

Summer Reading Kick-Off Party

June 11	Wednesday	6-7:30pm	Ranshaw House Lawn

Celebrate summer with the Library's Summer Reading Program Kick-Off. There will be fun activities for all ages, a sweet treat and, of course, Summer Reading Program sign-up.

Let Love Flv

June 14	Saturdav	11am-3pm	Centennial Park
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Mega kites will soar above North Liberty's Centennial Park. Come for awe-inspiring views, and information, activities and giveaways from community groups and sponsors for an all-ages celebration of love.

Camp North Liberty

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l June 20-21	3pm Friday – 9am Saturday	l Community Center
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Join fellow members of the community in a backyard campout at the North Liberty Recreation Center. Enjoy live music, food, games and other entertainment.

Cardboard Boat Regatta

June 21	Saturday	9:30 – 11:30am	Outdoor Pool

Put your cardboard boat creation to the test at the outdoor pool for a chance to win prizes and bragging rights. Free registration (and supply kits) for those who want to sail their homemade boat will become available a month before the event. All are welcome to come cheer on participants! 9:30am check-in with 10am races.

Fireworks

July 3	Thursday	9·30nm	Penn Meadows Park
July 3	Tridisady	3.50pm	1 CHILIME AUGWST AIR

Enjoy a fantastic display at Penn Meadows Park the evening before your Independence Day celebrations!

Eras in the Park: A Free Taylor Swift Tribute for Fans of Every Era

July 10	Thursday	6:30-9:30 p.m.	Penn Meadows Park
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Sing and dance at this all-ages, free outdoor show celebrating the music and eras of Taylor Swift, as performed by Swift Nation. Join us in the park beginning at 6:30 p.m. with the 90-minute performance starting at 8 p.m.

Swift Nation Tribute is a cover band that has no association with Taylor Swift, her brand or corporate entities in any way. This show is fan-sponsored and not endorsed by or affiliated with TAS Rights Management, Taylor Swift, or their affiliated entities.

Street Dance

Aug 23 Saturday 5-10pm Dubuque St	St. from Main to Front
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A community block party with live music – featuring party band The Punching Pandas dancing, food, drinks and games.





















What about North Liberty Blues & BBQ?

Big things are happening in Centennial Park! With the construction of the Hy-Vee Center & Amphitheatre, North Liberty Blues & BBQ is taking the year off and planning to return in full force on the new stage July 11, 2026. In the meantime, keep an eye out for a novel take on our traditional Pig & Pint Prelude fundraiser this July. Learn more about the plans for Centennial Park at **northlibertyiowa.org/centennialpark**.



Summer 2025 Recreation Program Guide

The North Liberty Recreation Center offers year-round space for exercise, arts and crafts, meetings and celebrations, leagues and more.

Weekdays 6 a.m. to 9 p.m. Weekends 8 a.m. to 6 p.m. Phone (319) 626-5716

Web **northliberty.recdesk.com**

This program guide includes information about recreation classes and programs taking place May to August 2025. Seasonal activity guides are available on-line or in person at the community center each winter (Jan-April), summer (May-Aug) and fall (Sept-Dec). We also offer a monthly newsletter featuring upcoming programming highlights from the Recreation Department, Library and other city departments. Sign up to get it delivered to your inbox at **northlibertyiowa.org/subscribe** or check the city's calendar at **northlibertyiowa.org/events**.

Registration for most recreation classes/programs begins April 7 and is available on a first-come, first-served basis. To register online, visit **northliberty.recdesk.com** and select the **Programs** button to see view activities currently accepting registration. If you do not already have an account, you will need to make one before registering. To see a video about how to set up an online account, visit **northlibertyiowa.org/recreation**.

RECREATION STAFF

Shelly Simpson, Recreation Director (Operations) - ssimpson@northlibertyiowa.org
Brian Motley, Assistant Recreation Director (Leagues/Sports) - bmotley@northlibertyiowa.org
Matt Fielder, Youth Program Supervisor (Recsters BASP/Summer Camp) - mfielder@northlibertyiowa.org
Ashley Bjork, Aquatics Supervisor (Pool/Aquatics) - abjork@northlibertyiowa.org
Matt Meseck, Recreation Supervisor (Facility Rentals and Special Events) - mmeseck@northlibertyiowa.org
Jonathan Moore, Recreation Program Supervisor (Programs) - jmoore@northlibertyiowa.org
Jason Egly, Administrative Assistant - jegly@northlibertyiowa.org
Zach Pilcher, Administrative Assistant - zpilch@northlibertyiowa.org

FACILITIES & FEATURES

Gymnasiums

Our two gyms offer full-size basketball and volleyball courts, wood floors, air conditioning and bleachers for basketball, pickleball and other sports. They're in high demand, particularly during the winter, but we usually have one available for drop-in users. Included with facility passes.

Indoor & Outdoor Pools

Both pools offer zero-depth entries and diving boards, with the year-round indoor pool hosting lap swimming, aqua fitness and open swim and a seasonal outdoor pool featuring two large slides, climbing features and new upgrades. Included in Black & Gold and Silver passes.

Running Track

Our indoor track is well suited for running, walking and jogging. Strollers are welcome. Track passes are free for North Liberty residents and are available for a fee for non-residents.

Weight & Cardio Equipment

A mix of free weights, Matrix and Precor weight stations, treadmills, ellipticals, recumbent and upright bikes, steppers and rowing machines. Included in Black & Gold and Gold passes.

Meeting Rooms & Conference Center

The Recreation Department offers a variety of meeting rooms that can be configured to accommodate groups smaller than 20 or up to 400. Spaces are available on the main level or lower level (Gerdin Conference Center) of the North Liberty Community Center located at 520 W Cherry Street.

FACILITY RENTALS

Gyms, pools, baseball/softball fields, park shelters and rec center meetings rooms are available to rent for special events, practices, meetings, parties and more. Requests are accepted beginning Dec. 1 for January through April, April 1 for May through August and Aug. 1 for September through December. For more information or to inquire about availability, contact Matt Meseck via email at mmeseck@northlibertyiowa.org call (319) 626-5716. Requests can also be made online at northlibertyiowa.org/departments/recreation/facilities.

POOL OPERATIONS

Indoor pool use is first-come, first-served for pass holders and daily drop-in patrons for lap swim, scheduled aqua fitness classes and swim lessons. All pool users will need to share lanes and space. Pass holders will need to scan their ID cards at the front desk or pay daily drop-ins fees. Please reference the indoor pool schedule at **northliberty.recdesk.com** or grab a copy at the Rec Center front desk.

Our outdoor pool is open for daily open swim at noon during the summer. For the first hour of each day's outdoor pool operation, pass holders can access the pool, with access opening to all users beginning one hour later until we reach capacity. Access is at the outside concessions window and gate. Pass holders will need to scan their ID cards and daily drop-in users will need to pay respective fees upon entry. Check the outdoor pool's status prior to arrival at **northlibertyiowa.org/poolstatus**. Pool hours may be limited for mechanical issues or weather conditions.

CHILD SUPERVISION POLICY

Children in Grade 5 and under must be enrolled in a supervised program or accompanied by a caregiver who is at least 16 years old when using the facility.

MEMBERSHIPS & FEES

Starting this spring, we're making changes to our memberships and fees to make them easier to understand and account for the increased costs of providing recreation and aquatic services since we last adjusted rates eight years ago. Our Indoor track access will remain free. Our updated rates are pending final approval. Patrons can always find our current daily and membership rates at northliberty.recdesk.com/Community/Membership.

NORTH LIBERTY RECIDENCY

Residents are those who live within North Liberty's corporate limits. County residents and others outside city limits with a 52317 ZIP code are classified as non-residents. Please be prepared to show ID when registering for or attending recreation programs.

FINANCIAL ASSISTANCE

The Recreation Department offers financial assistance for memberships and programs based on need. Completed forms are sent to Hawkeye Area Community Action Program (HACAP) for certification. Once income is certified, a chart like the ICCSD reduced/free lunch program is used to determine the percentage of fee to be paid. To learn more, visit **northlibertyiowa.org/financial-assistance**.

SilverSneakers memberships for older adults are available for qualifying Medicare recipients. Learn more at **medicare.org/articles/what-is-the-silversneakers-program**.

Renew Active memberships are available for older adults and qualifying Medicare recipients. Learn more at **uhcrenewactive.com**

AQUATICS

First Aid, Lifeguard Classes and Rec Swim Team | Special Swims | Swimming Lessons | Water Fitness Classes

Registration for some of the programs below has begun. Registration for most other classes/programs begins April 7 and is available on a first-come, first-served basis. Find more information and register at the Rec Center front desk or at **northliberty.recdesk.com**.

FIRST AID, LIFEGUARD CLASSES & REC SWIM TEAM

Adult and Pediatric First Aid/CPR/AED

June 22	Sunday	12-3pm	\$60-65
July 15	Tuesday	9:30am-12:30pm	\$60-65

Become American Red Cross-certified in adult and pediatric first aid/CPR/AED. This is a blended-learning class that will teach you how to care for victims with cardiac emergencies, give CPR, use an AED, care for choking victims and address sudden illness, injuries and environmental emergencies. Participants will be required to view course videos before coming to class. Open to anyone 12 and older.

Blended Learning Lifeguard Class

June 24-26	Tuesday-Thursday	Day 1: 9am-5pm;	
Aug 13-15	Wednesday-Friday	Day 2: 9am-5pm; Day 3: 9am-3pm	\$175-180

Become an American Red Cross Certified Lifeguard to work at the pool! To participate in the lifeguard class swimming prerequisites must be met: 1) Complete a swim-tread-swim sequence without stopping to rest. Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. Maintain position at the surface of the water for two minutes by treading water using only legs. Swim 50 yards using front crawl, breaststroke or a combination of both. 2) Complete a timed event within 1 minute 40 seconds. Starting in water, swim 20 yards. Surface dive and retrieve a 10-pound brick. Return to surface and swim back 20 yards. Participants will be required to view course videos before coming to class. Must be 15 years of age by the last day of course. Must demonstrate correct rescue skills, first-aid/CPR and receive 80 percent proficiency on written exam. Interested in lifeguarding at the North Liberty Aquatic Center? Apply first as the cost of the class is covered with employment.

Junior Lifeguard Class

July 21-25	Monday-Friday	8:30am-12pm	\$60-65

Are you between the ages of 11 and 14 and want to be a lifeguard one day? Are you looking for a fun summer activity? Check out the Junior Lifeguard Class and get a taste of what lifeguarding is all about. You will learn prevention of drowning, different rescue techniques, basic first-aid skills and much more! In order to participate, you must be able to complete the following skills: swim front crawl 25 yards continuously, swim breaststroke 25 yards, tread water for 1 minute continuously, submerge underwater 10 feet and swim a distance. Register by July 16.

Recreational Swim Team

June 12-July 3	Thursdays	8:45-9:45am or 7-8pm	\$24-29
July 10-31	Thursdays	8:45-9:45am or 7-8pm	\$24-29

Is your child interested in joining a swim team but not sure if they're ready to jump in at the competition-level? If so, our swim team is perfect for them. Focus on improving stroke techniques and building endurance and get instruction on flip turns and starts in an organized and relaxed environment. Requirement: Swimmer must have completed one session of level 6 swimming lessons.

SPECIAL SWIMS

Join us at the pool for these special family-friendly aquatics events.

Dollar Days

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	June 7 & 8, July 5 & 6, Aug 2 & 3	1-6pm	\$2/person

Discounted outdoor swimming.

Late Night Swim

June 27, July 25	Fridays	9pm	\$2/person

Join us for a special late-night swim past closing in the outdoor pool. Limited concession items available.

Swimming Storytime

June 20, July 18, Aug 1	Fridays	9:30-11:30am	Free

Join the library staff and lifeguards for a fun summer storytime by the pool. Come to the outdoor pool deck for a story and stay for a swim at this special time. Storytime is for ages 5 and under and their caregivers. Caregivers must be in the pool with children. The two tower waterslides will be closed during this time.

Twilight Swim

June 11-Aug 13	Wednesdays	5-9pm	\$3/person		

Celebrate sweet summertime evenings. Enjoy outdoor pool amenities and grab a snack from concessions.

Swim with Island and Mermaid Princesses

July 20

Join us at the outdoor pool for a magical experience with an island princess and a mermaid princess! Snacks, crafts, photo opportunities and party favors included with open swim. Wear your prince, princess or mermaid costumes but don't forget your swimsuit! Registration required for each child in attendance. Parents don't need to register but must attend with children Grade 5 and under. Registration begins at 8 a.m. on Sunday, July 13.

SWIMMING LESSONS

Youth Group and Private Swim Lessons

Group and private swimming lessons for children are offered year-round and are in high demand. Classes include Parent & Tot (for children as young as six months), Tadpoles and Levels 1 through 6. Students must demonstrate proficiency at each level before successfully passing to the next level. Swimmers may be required to repeat levels before moving up.

Registration for lessons begins on April 7 for residents and April 9 for non-residents and is available first-come, first-served, online beginning at 6 a.m. Additional information such as level descriptions, specific time slots and fees can be found at **northliberty.recdesk.com**.

June 16-26	Mondays-Thursdays (Group)	8:30, 9:15, 10 or 10:45am	\$40-50	
June 9-July 2	Monday & Wednesday (Group)	4:30, 5:20, 6:10 or 7pm	\$40-50	
June 10 -July 1	Tuesdays (Private)	4:40, 5:15, 5:50 or	\$60-70	
Surie 10 -Suly 1	Tuesdays (Filvate)	6:25pm	Ψ00-70	
June 12-July 3	Thursdays (Private)	4:40, 5:15, 5:50 or	\$60-70	
Julie 12-July 3	Thursdays (Frivate)	6:25pm	ΨΟΟ-7Ο	
June 30-July 10	Mondays-Thursdays (Group)	8:30, 9:15, 10 or 10:45am	\$40-50	
July 14-24	Mondays-Thursdays (Group)	8:30, 9:15, 10 or 10:45am	\$40-50	
July 7-30	Monday & Wednesday (Group)	4:30, 5:20, 6:10 or 7pm	\$40-50	
July 8-29	Tuesdays (Private)	4:40, 5:15, 5:50 or	\$60-70	
July 8-29		6:25pm		
July 10, 21	Thursdays (Private)	4:40, 5:15, 5:50 or	\$60-70	
July 10-31		6:25pm		
July 28-Aug 7	Mondays-Thursdays (Group)	8:30, 9:15, 10 or 10:45am	\$40-50	

Adult Beginner Group Swim Lessons

June 10-July 1	Tuesdays	7-7:30pm	\$20-30
July 8-29	Tuesdays	7-7:30pm	\$20-30

Classes for adults who want to learn how to swim and are beginners can enjoy a small group setting. Bring your swimming goals to the class and an experienced instructor will give you the tools to help you reach them! Space limited to four participants.

WATER FITNESS CLASSES

Most registration begins on April 7. and is available first-come, first-served, online at **northliberty.recdesk.com** beginning at 6 a.m. Daily drop-ins allowed if class roster is not full.

Aqua Boot Camp

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May 1-29	Tues/Thurs	5:45pm-6:30pm	\$31.50-36.50

This class is full of fun and energizing activities designed to help you reach your fitness goals now! The exercises are performed using the full length of the pool, but no swimming skills are needed to participate. Regardless of your age, size or fitness level, you can achieve very noticeable results. Whether you are a beginner, an avid fitness enthusiast or simply looking for a new type of workout, this aquatic adventure is for you. After May session, classes will resume in September. Ages 15 and up. Daily drop-in fee: \$5. Instructor: Janet Holland

Aqua Dance Fusion

Aug 6-27	Wednesdays	7:15pm-8:00pm	\$14-19

Join us for Aqua Dance Fusion, a high-intensity, low-impact water workout designed to get your heart pumping and muscles moving. Dive into a blend of dance, cardio, and aquatic resistance for a fun and refreshing exercise experience. Perfect for all fitness levels, this class combines the energy of dance with the benefits of water resistance, helping you burn calories and tone muscles without straining your joints. Make a splash and groove to the beat! Instructor: Tara Allen. Ages: 15 & up. Daily drop-ins: \$5 per class if not at capacity.

Aqua Zumba

Are you looking to try something new? Come try Aqua Zumba! The "Pool Party" experience that takes the high-energy Zumba moves and incorporates low-impact Aqua Fitness. The instructor is on deck for your view. Come ready to work those muscles! Ages 15 and up. Daily drop-in fee: \$5. Instructor: Abby Noelck

May 4-25	Sundays	9:15-10am	\$14-19
May 6-27	Tuesdays	7:15-8pm	\$14-19
June 1-29	Sundays	9:15-10am	\$17.50-23.50
June 3-24	Tuesdays	7:15-8pm	\$14-19
July 1-29	Tuesdays	7:15-8pm	\$17.50-23.50
July 6-27	Sundays	9:15-10am	\$14-19
Aug 3-24, no 8/31	Sundays	9:15-10am	\$14-19
Aug 5-26	Tuesdays	7:15-8pm	\$14-19

Arthritis Aquatic Class

This recreational exercise program is designed for men and women, regardless of age. Exercise without putting excess strain on joints and muscles while performing gentle range of motion exercises and stretching muscles. Enjoy physical benefits such as decreased pain and stiffness, as well as increased muscle strength, flexibility and joint mobility. Leaders develop a fun, friendly supportive group with lasting friendships. Daily drop-in fee: \$3. Leaders: Verlee Lauderbaugh (Mon/Wed/Fri) and Becky Peters (Tues/Thurs)

May 2-30, no 5/26	Mon/Wed/Fri	10-10:50am	\$24-29
May 1-29	Tues/Thurs	10-10:50am	\$18-23
June 2-30	Mon/Wed/Fri	10-10:50am	\$26-31
June 3-26	Tues/Thurs	10-10:50am	\$16-21
July 2-30, no 7/4	Mon/Wed/Fri	10-10:50am	\$24-29
July 1-31	Tues/Thurs	10-10:50am	\$20-25
Aug 1-29	Mon/Wed/Fri	10-10:50am	\$26-31
Aug 5-28	Tues/Thurs	10-10:50am	\$16-21

Easy Does It

May 2-30, no 5/26	Mon/Wed/Fri	9-9:50am	\$42-47
Aug 11-29	Mon/Wed/Fri	9-9:50am	\$31.50-36.50

This water workout is slower-paced with plenty of no-impact options in both shallow and deep water. Resistive and buoyant equipment may be used, as well as floatation belts for deep water. All equipment is provided. Improve your range of motion, joint flexibility, posture, balance, core strength and endurance. Water shoes and water bottle recommended. Ages 15 and up. Daily drop-in fee: \$5. Instructor: Jennifer Arturo

Water Resistance

June 2-30	Mon/Wed/Fri	8-8:50am	\$45.50-50.50
Aug 11-29	Mon/Wed/Fri	8-8:50am	\$31.50-36.50

Exercise in shallow and deep water, which results in low to no impact on your joints. Improve your posture and core strength, range of motion, flexibility, endurance and overall muscle strength in a liquid gym. A variety of resistive and buoyant equipment may be used and will be provided. Floatation belts and Hydro Fit ankle cuffs are provided for deep water workouts. This fast-paced class is a great way to burn calories and decrease stress. Water shoes and water bottle recommended. Ages 15 and up. Daily drop-in fee: \$5. Instructor: Colette Soults

≪ NEW ≪ Water Polo Club

June 15 – July 27	Sundavs	6-7:30pm	\$20 per person.
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Adults, have you watched water polo during the Olympics? Has it been something that looks fun and you always have been interested in giving it a try? Now is your chance! This summer we are starting a beginners Water polo Club! Join us on Sunday evenings for an introduction to water polo. You'll learn the fundamentals of water polo including passing, dribbling, shooting, and scrimmage play. Be prepared for a workout as there will be endurance drills and treading. Swimming experience and comfort in the water is required. Ages 16 and up.

BABIES, TODDLERS & PRESCHOOLERS

Dance Camps, Classes and Special Events | Preschool Sports | Special Programs

Registration for some of the programs below has begun. Registration for most other classes/programs begins April 71 and is available on a first-come, first-served basis. Find more information and register at the Rec Center front desk or at **northliberty.recdesk.com**.

DANCE CAMPS, CLASSES & SPECIAL EVENTS

The mission of Tippi Toes Dance is to develop a love of dancing in children by creating a positive experience that promotes healthy living habits, helps build self-confidence and a love for others. Questions can be directed to Carson Simpson at **iowacitymgr@tippitoesdance.com**.

Baby Ballet

June 4-July 2	Wednesdays	5:30pm	\$70
July 9-Aug 6	Wednesdays	5:30pm	\$70

Transition class for ages 2 to 3 years old. Music, movement, balance and basic dance steps are introduced in a fun, friendly and positive manner. This class is for children who can participate on their own, without parental involvement. Teachers will keep the music and curriculum moving along.

Ballet/Tap/Jazz

June 3-July 1	Tuesdays	6:15pm	\$85
July 8-Aug 5	Tuesdays	6:15pm	\$85

This class incorporates ballet, tap and jazz styles and techniques encouraging self-expression and creativity for children 4 to 5 years old. High-energy music is used throughout the class to get dancers moving, using their imagination and having fun!

Unicorn Club

June 4-July 2	Wednesdays	10:15am or 6:15pm	\$100

Ages 2-5, step into a world where every day is a sparkly, rainbow-filled adventure! **Unicorn Club** is the ultimate summer escape for kids who want to dance, dream, and create in the most magical way possible. Each class will consist of new dances, themed crafts, and exciting games! This enchanting dance camp will transform your summer into a glittering celebration of unicorns, imagination, and pure joy. We ask caregivers to wait outside the dance room during class. This helps limit distractions for our young dancers. This can be flexible the first couple weeks until they get more comfortable in the class.

Joy Club

July 9-Aug 6	Wednesdays	10:15am or 6:15pm	\$100

Where dance meets emotion in the most fun and creative way for ages 2-5! Inspired by the characters from the hit movie about emotions. Each class focuses on a different emotion—Joy, Sadness, Anger, Fear, and Disgust teaching kids to express themselves with dance! Your child will discover the power of self-expression while building confidence and having fun with friends. Perfect for kids who love to dance and want to explore the colorful world of emotions, making this summer one full of movement, laughter, and emotional discovery! We ask caregivers to wait outside the dance room during class. This helps limit distractions for our young dancers. This can be flexible the first couple weeks until they get more comfortable in the class.

Toddler & Me

Dance for children 18 months to three years of age. Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. Class includes mom, dad or another loved one participating in the class along with the little dancer.

June 3-July 1	Tuesdays	5:30pm	\$70	
June 4-July 2	Wednesdays	9:30am	\$70	
July 8 – Aug 5	Tuesdays	5:30pm	\$70	
July 9-Aug 6	Wednesdays	9:30am	\$70	

PRESCHOOL SPORTS

Blastball League

June 4-July 2,	Wednesdays	5:45 or 6:30pm	\$35

This co-ed program is for children 3 to 5 years old to have fun learning fundamentals of tee-ball: kids hit off a tee and run to first base, which honks when jumped on. Late registration fee is \$5 beginning May 12 if space remains. Rainout date is July 9. Participants must be 5 by first class. Volunteer coaches are needed!

Pee Wee Sports

A non-competitive approach to help children, age 3 to 5, learn sports basics, socialize and have fun! Each class is 40 minutes long. Participants must be 3 by first class.

Baseball	May 7-28	Wednesdays	5:30, 6:15, 7:00pm	\$30-35
Soccer	June 4-25	Wednesdays	5:30, 6:15, 7:00pm	\$30-35
Basketball	July 9-30	Wednesdays	5:30, 6:15, 7:00pm	\$30-35

Pee Wee Sport Camps

These camps are offered on Mondays through Thursdays for ages 3 to 5, are 40 minutes and are coached by our recreation staff. Learn sport basics, socialize and have fun! Participants must be 3 by first class.

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Sports Mixer Camp	June 16-19	9:30am or 10:20am	\$30-35
Baseball Camp	June 23-26	9:30am or 10:20am	\$30-35
Track & Field Camp	June 30-July 3	9:30am or 10:20am	\$30-35
Basketball Camp	July 7-10	9:30am or 10:20am	\$30-35
Ninja	July 14-17	9:30am or 10:20am	\$30-35
Soccer Camp	July 21-24	9:30am or 10:20am	\$30-35
Football Camp	July 28-31	9:30am or 10:20am	\$30-35

School Age Sport Camps

These sports camps are offered on Mondays through Thursdays. School Age Camp, for ages 6 to 8, is an hour, coached by our recreation staff. Learn sport basics, socialize and have fun! Participants must be 6 by first class.

Sports Mixer Camp	June 16-19	11:15am	\$30-35
Baseball Camp	June 23-26	11:15am	\$30-35
Track & Field Camp	June 30-July 3	11:15am	\$30-35
Basketball Camp	July 7-10	11:15am	\$30-35
P.E. Camp	July 14-17	11:15am	\$30-35
Soccer Camp	July 21-24	11:15am	\$30-35
Football Camp	July 28-31	11:15am	\$30-35

Youth Superhero Class

June 3-24	Tuesdays	6-6:45pm	\$52
July 8-29	Tuesdays	6-6:45pm	\$52

Kids, ages 5-10, will learn the skills of a superhero! Work on balance, coordination, kicking, throwing, agility and more, learning to have fun while we exercise. Superhero capes will be provided for participants and superhero certificates received at the completion of the program. \$52 per person, per session. Instructor: Roni Harless.

SPECIAL PROGRAMS

Binspire - Messy Play Dates

Looking for a fun and messy way for your kids to have fun? Look no further than BinSpire LLC's play dates! These outdoor events will have various stations set up with paint, water, mud, shaving cream and more for your little ones to get messy. Our child-led, open-ended play encourages creativity, builds confidence, and helps children experience new textures and practice social skills. And the best part? We'll take care of the clean-up at the end, so you don't have to worry about a thing. Bring your kids in clothes that can get messy and let them explore and play with us. Geared for ages 3 to 8 years old.

May 17	Saturday	1-2:30pm	\$15
June 21	Saturday	9:30-11am	\$15
July 19	Saturday	1-2:30pm	\$15
Aug 16	Saturday	1-2:30pm	\$15

SCHOOL-AGED YOUTH

Rec Department Camps | Youth Sports - Camps, Classes and Leagues

Registration for some of the programs below has begun. Registration for most other classes/programs begins April 7 and is available on a first-come, first-served basis. Find more information and register at the Rec Center front desk or at **northliberty.recdesk.com**.

REC DEPARTMENT CAMPS

Recsters Summer Camp

This program provides all-day recreational activities, supervision and guidance for children in kindergarten through 6th grade. Registration opens on March 1 for current Recsters or summer 2024 participants. Open enrollment begins at 6am on April 1. Weeks fill up fast, so register early. Junior Councilors are just \$130 a week.

I lune 9-Aug	15, no 7/4	Monday-Friday	7am-6pm	\$260/week;
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Rec Ramblers

Single-day field trips for kids going into 6th, 7th and 8th grades. Time and price determined by each field trip cost, distance and other details. Participants responsible for food/drink purchases and any extras. Limited spots! Current Recsters or summer 2024 participants can register now. Open enrollment begins at 6am on April 1.

Lost Island	June 12	Thursday	\$60
Fun City	June 19	Thursday	\$50
CR Kernels	June 25	Wednesday	\$20
Clear Creek Paintball	July 3	Thursday	\$70
Yogi Bear Jellystone Water	July 10	Thursday	\$50
Lost Island Water	July 17	Thursday	\$60
Coralridge Mall & Movie	July 24	Thursday	\$20
AirFX	July 31	Thursday	\$40
Clear Creek Paintball	Aug 7	Thursday	\$70
Dragons Lair	Aug 14	Thursday	\$30

YOUTH SPORTS - CAMPS, CLASSES & LEAGUES

Girls Supreme Flag Football League (NFL Flag)

July 17-Aug 7	Thursdays	6-8pm	\$55 per player

This program is designed to teach game fundamentals and to provide equal participation for Girls - Grades 3rd-8th as of the fall school year. Games will be played at the Coralville Youth Sports Park in Coralville and Tiffin Park in Tiffin. Volunteer coaches are needed for this program. Practice days/times will vary based on the volunteer coach's schedule. If you sign up for North Liberty, you will be placed on a North Liberty Team, and if you sign up for Coralville or Tiffin, you will be placed on a Coralville or Tiffin team. **We will have a coach's camp on July 8.** Registration Deadline: June 15 (\$5 late fee after June 15). If optimal numbers are reached, registration will close.

Outdoor Soccer - Summer

Features two options: recreation or hybrid divisions for Grades 1-6. Jason Witt and his coaches combine professional coaching with an age-fun, introductory program for new, co-ed players in a recreational environment. Hybrid players will receive one night of guided practice with a staff coach and league games on Tuesday mornings. Recreational players will work on fundamentals with no league games. Emphasis will be on skill development and learning the game of soccer. The program will be held at Penn Meadows Park. No activities the week of July 4. Registration deadline: May 18. Friday are makeup days.

Hybrid Practice, Grades 1-3		Mondays	5:30-6:30pm	
Hybrid Practice, Grades 4-6		Mondays	6:30-7:30pm	\$90
Hybrid Games, Grades 1-3	luna 2 lulu 21	Tuesdays	5:30-6:30pm	\$90
Hybrid Games, Grades 4-6	June 3-July 31	Tuesdays	6:30-7:30pm	
Recreational, Grades 1-3		Thursdays	5:30-6:30pm	\$60
Recreational, Grades 4-6		Thursdays	6:40-7:40pm	Φ 00

Self Defense Class

Tuesday, July 22	6:30 - 8:30 pm	\$52 per person	
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Roni's self-defense class is designed to empower individuals, 16 years old and up with practical skills and knowledge to protect themselves in various situations. In the class you will learn techniques and strategies that

focus on both physical and mental self-defense. Suitable for individuals of all fitness levels and skills. The class offers a safe and supportive environment for learning and growth. Join our self-defense class to gain the knowledge and confidence needed to protect yourself in today's world. You will learn hits, kicks, how to get out of shoulder grabs, wrist grabs and more. Roni has been teaching self-defense for 18 years working with individuals ages 6-75. Roni is a certified self-defense instructor and a certified personal trainer who has experience in boxing, Taekwondo and MMA.

Taekwondo - Youth & Adults

WTF/UI Taekwondo teaches respect, discipline, and self-control. Learn kicks, hand strikes and forms for respective levels. A sparring coach is available to students who want it. Beginner and advanced levels provided. Instructor: Nick Messersmith. Daily drop-ins: \$10 per day.

May 6-29	Tuesdays & Thursdays	5-6pm	\$40
June 3-26	Tuesdays & Thursdays	5-6pm	\$40
July 1-31	Tuesdays & Thursdays	5-6pm	\$50
Aug 5-28	Tuesdays & Thursdays	5-6pm	\$40

U of I Club Volleyball

North Liberty Recreation is thrilled to team up with the U of I Club Volleyball to offer a four-day camp for Grades 3-8. Campers will work in small groups, giving players a chance to work with current U of I club team members. Players will focus on the fundamentals of the younger ages and focus on developing and creating new skills for the older ages. Camp will be held at the North Liberty Community Center.

Grades 3-4	June 16-19	Monday-Thursday	9:30-10:45am	\$50
Grades 5-6	June 16-19	Monday-Thursday	11am-12:15pm	\$50
Grades 7-8	June 16-19	Monday-Thursday	8-9:15am	\$50

Youth Beginner Pickleball Camp

June Session: 10, 12, 17 19	Tuesdays & Thursdays	11-12:30pm	\$50
July Session: 8, 10 ,15, 17	Tuesdays & Thursdays	11-12:30pm	\$50

North Liberty's youth pickleball camps! This camp for ages 8 to 14 is a great introduction to one of the fastest growing sports in the nation. Fun meets fitness as campers learn from our passionate instructors who will tailor sessions to skill level, keeping engagement throughout the week. Paddles and pickleballs provided. Held at Penn Meadows Pickleball Courts.

Youth Tennis

Tennis is a lifetime sport and this program helps children learn in progression from having fun playing to grasping fundamentals, progressing to ball control and rally with partner, serves and volleys, onto constructing points and stroke development and up to full court play with stroke development and movement skills. Participants must bring their own rackets. Held at Penn Meadows Tennis Courts. The first week of the June session will be on Wednesday and Thursday. All make ups on Fridays. Register by May 25 for June session or June 22 for July session. July 8–31 session, first week will meet on Wed & Thurs.

Munchkins (ages 5-6)	June 11-July 3	Tuesdaye/Thursdaye	0:4F 0:1Fam	¢40	
Munchkins (ages 5-6)	July 8-31	Tuesdays/Thursdays	8:45-9:15am	\$40	
Acos (2005 7 9)	June 11-July 3	Tuesdays/Thursdays	0.15 10	\$40	
Aces (ages 7-8)	July 8-31	Tuesdays/ mursdays	9:15-10am		
Volleyers (ages 9-10)	June 11-July 3	Tuesdays/Thursdays	10-10:45am	\$40	
volleyers (ages 9-10)	July 8-31	Tuesuays/ Mursuays	IO-IO.4JaIII	Ψ 1 Ο	
Slammers (ages 11-12)	June 11-July 3	Tuesdays/Thursdays	10:45-11:30am	\$40	

July 8-31	
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ADULTS & SENIORS

Fitness Classes | Adult Leagues and Open Gym | Special Programs

Registration for some of the programs below has begun. Registration for most other classes/programs begins April 7 and is available on a first-come, first-served basis. Find more information and register at the Rec Center front desk or at **northliberty.recdesk.com**.

FITNESS CLASSES

We offer a variety of fitness and wellness classes. Most sessions are offered on a monthly basis, with drop-ins allowed for a fee if space permits.

Body Blast

Motivating workout features 25 minutes of low-impact aerobics to ramp up your heart rate, 20 minutes of strength training with free weights to strengthen and tone and 15 minutes of abdominal work. Ages 14 and up. An online option is available to work out from home. Daily drop-in fee: \$5. Instructor: Sandi Cook, ACE Certified

May 6-20, no 5/22,27,29	Tues/Thurs	6-7pm	\$15-20
June 3-26	Tues/Thurs	6-7pm	\$24-29
July 1-31, no 7/3	Tues/Thurs	6-7pm	\$27-32
Aug 5-28	Tues/Thurs	6-7pm	\$24-29

Hapkido Jiujitsu

Martial arts class with strong roots from both Korea and Japan. An all-encompassing system that uses both hard and soft movements/techniques. Ground fighting and weapons are also part of the curriculum. Students will learn nerve, blood and bone strikes. This is a combat-oriented style. Choose between Tuesday or Thursday. Open to ages 17 and older. Instructor: Paul York

May 6-29	Tuesdays/Thursdays	8-9pm	
June 3-26	Tuesdays/Thursdays	8-9pm	\$60/month (1× per week)
July 1-31	Tuesdays/Thursdays	8-9pm	\$100/month (2× per week)
Aug 5-28	Tuesdays/Thursdays	8-9pm	

Integrative Yoga

A functional blend of different schools of yoga, we explore body and mind with a gentle start to a balanced workout for body and time for the mind to rest. For ages 16 and up. Yoga experience is desired but not required. Daily drop-in fee: \$15. Instructor: Deb Cannon

May 4-June 15	Sundays	4-5:15pm	\$90
June 22 (Yoga Nidra)	Sunday	4-5:15pm	\$15
June 29-Aug 31	Sundays	4-5:15pm	\$135

Matter of Balance: Managing Concerns about Falls

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May 5-June 2	Mondays & Wednesdays	1-3pm	Free

This class uses a variety of activities to address the fear of falling and teach fall prevention strategies. Activities include group discussion, problem-solving, skill-building, assertiveness training, videos and exercise training. Class includes a workbook for the sessions and as a reference when the class is over. This class is for older adults concerned about falls, who have sustained falls in the past, restrict activities because of concerns about

falling, interested in improving flexibility, balance, and strength and are age 60 or older, community-dwelling, and able to problem solve. Participants achieve significant goals, gain confidence by learning to: View falls as controllable, set goals for increasing activity, make changes to reduce fall risk at home, exercise to increase strength and balance. Presenters: Matter of Balance Volunteer Coaches

Personal Trainer – Megan Turner

Becoming healthier is not only about looking good, but also about *feeling good*. Regular exercise and better nutrition can prevent and reverse chronic diseases, increase mood and energy level, increase sleep quality, improve depression and lower anxiety and stress. Sessions are 45 min each. Only morning sessions are available during the summer. Once signed up, please reach out to the instructor to set up date/times for your sessions by email to the trainer at **megturnercoaching@gmail.com**. 1 session \$75; 3 sessions \$180; 5 sessions \$250.

Qigong Movement for Wellbeing

May 6-Aug 27, no 5/26	Wednesdays	11:15am-12pm	Free
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Qigong, sometimes called the grandmother of tai chi, is the basic exercise system within Chinese medicine. It focuses on opening the places in your body where your circulating energy is blocked, allowing your life force, known as "qi", to flow freely. As a slow-moving, peaceful, meditative form of exercise, qigong can be practiced by people of all ages and abilities. A mix of videos from the Great Courses to lead our routines. Movements are slow and simple, and always carefully modeled and explained. The practice of qigong has the potential to improve your physical fitness, free your mind, and energize your life with renewed vitality. Class offered by the lowa City Senior Center, facilitated by Emily Edrington. Registration required.

Taekwondo - Youth & Adults

WTF/UI Taekwondo teaches respect, discipline, and self-control. Learn kicks, hand strikes and forms for respective levels. A sparring coach is available to students who want it. Beginner and advanced levels provided. Instructor: Nick Messersmith. Daily drop-ins: \$10 per day.

May 6-29	Tuesdays & Thursdays	5-6pm	\$40
June 3-26	Tuesdays & Thursdays	5-6pm	\$40
July 1-31	Tuesdays & Thursdays	5-6pm	\$50
Aug 5-28	Tuesdays & Thursdays	5-6pm	\$40

Taiji Classes

Learn fundamental Taiji movements: ward off, roll back, press and push in a Four Hands form. At the end of the session, students will know what Taiji is! Taiji Garden is for students that have completed Level 2, Taiji Club is for students who have completed Level 4. The instructor will inform participants of conflicts when class is not offered. Instructor: Haiming Chen

Taiji Club	July 7-Dec 29, no 9/1	Mondays	5:20-6:20pm	\$120
Taiji Level 1	May 5-June 23, no 5/26	Mondays	7:30-8:50pm	\$76.50
raiji Leveri	July 7-Aug 18	Mondays	7.30-6.30pm	\$70.50
Taiji Garden	July 7-Dec 29, no 9/1,	Mondays	6:25-7:25pm	\$125

Total Body Sculpt

Put the fun back into your workout! Boost metabolism, tone muscle, increase strength and cardio endurance using free weights, body weight and other equipment. We will hit all the major muscle groups including 20 minutes of ab and core work. All fitness levels welcome. Ages 14 and up. An online option is available to work out from home. Daily drop-in fee: \$5. Instructor: Sandi Cook, ACE Certified

May 5-21 no 5/26 & 28	Mon/Wed	6-7pm	\$18-23
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June 2-30	Mon/Wed	6-7pm	\$27-32
July 2-30,	Mon/Wed	6-7pm	\$27-32
Aug 4-27	Mon/Wed	6-7pm	\$24-29

Vinyasa Yoga

All levels welcome. Class includes grounding, flow, balance, strength and breathing techniques. This practice explores body & mind by connecting breath & movement. Ages 16 and up, please bring a mat & water bottle. Instructor: Mariah Santellan. Daily drop-ins: \$12 per class.

May 6-29	Tuesdays & Thursdays	6:30-7:30pm	\$80
June 3-26	Tuesdays & Thursdays	6:30-7:30pm	\$80
July 1-31	Tuesdays & Thursdays	6:30-7:30pm	\$100
Aug 5-28	Tuesdays & Thursdays	6:30-7:30pm	\$80

Zumba

A cardio-focused class infused with Latin dances and hip-hop. Variances to the steps are offered to ensure it is adaptable for all fitness levels. It is a fun class, with no judgement on skill level. Come join the party! Daily drop-in fee: \$5. Instructor: Abby Noelck

May 6-29	Tues/Thurs	5-5:45pm	\$24-29
June 3-26	Tues/Thurs	5-5:45pm	\$24-29
July 1-31	Tues/Thurs	5-5:45pm	\$30-35
Aug 5-28	Tues/Thurs	5-5:45pm	\$24-29

ADULT LEAGUES & OPEN GYM

Adult Pickleball Beginner Lessons 1.0

May 6-27	Tuesdays	6-7pm	\$50/player		

A fun and easy way to learn the game for ages 18 and older and a great way to stay active with friends. Led by a pickleball instructor, you'll learn the rules and how to play with fun lessons and drills. We'll match you up with a partner of like ability to practice various skills in a low-key, fun environment. Equipment (paddles and balls) provided. Participants should wear tennis shoes, athletic clothing, and bring a water bottle. Lessons held at Penn Meadows Pickleball Courts. Open to ages 18+.

Adult Pickleball Beginner Lessons 2.0

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1 June 3-24	l Luesdavs	l 6-/pm	l \$50/plaver	
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Get to learn the sport of pickleball a little more through these additional beginner classes. Continue through the basics and get to learn some strategies. Equipment (paddles and balls) provided. Participants should wear tennis shoes, athletic clothing, and bring a water bottle. Lessons held at Penn Meadows Pickleball Courts. Open to ages 18+.

Adult Private Pickleball Lessons

Whether you are just beginning or looking to improve your game with strategy, shot selection and mechanics. North Liberty Recreation offers different levels of lessons from beginner to intermediate and advanced. Contact Jonathan Moore for more information at jmoore@northlibertyjowa.org.

Open Gym Activities

Stop by the Recreation Center during specified times to play your favorite sport. City programs take precedence, but monthly gymnasium schedules will be posted to help identify the busiest times or limited play options. Daily Fee: \$6; or check out our membership options. Ages 18 and up (not in high school).

SPECIAL PROGRAMS

55+ Connections Lunch

Ongoing	Fridays	11:30am-1pm	\$5

Come for lunch, play an activity, listen to speakers or just socialize at the North Liberty Community Center. Must call the Rec Center at (319) 626-5716 or go online by noon on Thursday to make a reservation. Meal is served at 11:30 a.m., followed by an activity or speaker from 12 to 1 p.m. Monthly flyers will show meal providers, activities and speakers.

Euchre Club

Ongoing	Fridays	1:30-3:30pm	Free

Come play Euchre at the Community Center. No experience is needed; we can teach you the game. Come with a partner or we can pair you with someone.

COMMUNITY PROGRAMS & SPECIAL EVENTS

Board Game Checkout

Visit the Community Center and enjoy a quick board or card game for free. We have a place to play and around 30 exciting games to choose from. You can also check out with a credit card, one of sixteen games to take home and play for a week at a time. All games are easy enough for most kids 6-8 and up to play yet have enough strategy & themes for adults to enjoy together. This is a great alternative to video gaming, providing valuable family time and cooperation with others.

Learn to Veggie Garden North Liberty

Late April - early September, \$20 per person

This 15-week program will last a full growing season and give people the chance to learn how to vegetable garden with hands on experience. Meeting once or twice a week, Assistant Professor of Horticulture – Bob Smith will lead the group from choosing the best seeds to preparing the soil, planting and maintaining the garden throughout the year. The designated garden plot will be located at Community Gardens and all food grown will be donated to the Community Food Pantry. Registrants will only need to supply own pair of gloves for the program as all other supplies will be provided. Meeting times to be determined.

Camp North Liberty

June 20-21	3pm Friday – 9am Saturday	Free

Join fellow members of the community in a backyard campout at the North Liberty Recreation Center. Enjoy live music, food, games and other entertainment. Participants will need to provide their own camping gear, especially if camping outside. Inside camping is also available to those who wish to use the conference center. No registration required. For more information, please email Matt Meseck at mmeseck@northlibertyiowa.org.

Cedar Rapids Kernels

Aug 15	Friday	6:35pm	\$7+; Free for kids under
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Enjoy a night at the Kernels with family, friends and neighbors. Tickets are free for kids under 3. Kernels will face Quad Cities. Tickets may be free if enough sponsors support this event. Transportation is not provided.

Community Gardens

Garden plots (10×30 feet) are available at the Meade Barn on the east side of Penn Meadows Park. A hydrant is available, but no hose hookups are allowed. Plot holders must bring buckets to carry water. Planting may begin May 1 and must be cleared by Nov. 1. Plots are assigned on a first-come, first-served basis at time of registration with payment and a completed lease agreement. Registration began April 11 for the previous year's plot holders, with open registration beginning Friday, April 18, at 6 a.m. Residents: \$40 per plot; non-residents: \$45 per plot.

Fishing

Check out rod and reels if fishing is your fancy. Many of our local ponds are stocked with fish and offer the opportunity to find your favorite fishing hole. Check out is through the North Liberty Community Center during regular facility hours. A deposit will be collected for rod and reel use and will be refunded upon return of undamaged equipment. Open to anyone ages 12 and older. Download a map of the ponds where fishing is available in North Liberty at **northlibertyiowa.org/departments/parks/parks-trails**.

Free Fishing with TAKO

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June 8	Sunday	Ilam-Ipm	Free

This free fishing and aquatic education event at Liberty Centre is organized by the lowa DNR, Scheel's All-Sports, TAKO (Take a Kid Outdoors) and the City of North Liberty. Children must be accompanied by an adult. Bring your own pole or an ID to check one out as you try and catch anything from a bluegill to a catfish right here in town. Stick around until the end of the event to have a chance at winning fishing related items!

Free Gym Nights

Designated free nights to play basketball in Jones Gymnasium will be offered from 6 to 9 p.m. on the first and third Tuesdays and second and fourth Fridays of each month. Subject to cancelation for special events or programs. No team practices allowed. Regular facility supervision rules apply.

Movies on the Plaza

Aug 15	Friday	8:30pm showtime	Free	City Hall Plaza	

Movies on the Plaza, a new series presented by the Community Foundation of Johnson County, will take place on the lawn outside City Hall on one Friday each in August (8/15), September (9/12) and October (10/3). Film titles and exact showtimes to be announced as the dates approach.

Outdoor & Nature Education (O.N.E.) Packs

Exploring the outdoors continues! Ten backpacks filled with fun and educational activities are available to get children/families engaged in outdoor exploration. Packs are prepared with the support of the Resource Enhancement and Protection Conservation Education Program and can be taken to local parks or natural areas. Themes include: Birds, Animals of Iowa, Trees, Insects, Outdoor Skills, Aquatic Habitats, Creatures of the Night, Wildflowers & Prairies, Rocks & Minerals and the Wild Turkey. These packs are free to check out, any day of the week, upon completion of check out forms and deposit.

Pop Up Disc Golf

Play a round of disc golf in Penn Meadows Park this summer. The park will be set up for a month of free play. Stop by the Community Center to borrow a set of discs. May-June: Centennial Park; July-August: Penn Meadows; September-October: Community Center.

Rec Fun Packs

Looking for an activity to do with your kids? Reserve fun games and equipment from the Recreation Department. Portable games can be reserved for summertime fun. Games should be returned the same day if at all possible. Games include horseshoes, croquet, lawn darts, bocce ball, speedminton, corn hole, agility packs, a four-way net, a giant Sorry game and yard dice games.

Recreation Trails

Even in winter, our parks team clears our trail system — all 25 miles of it. And with recent years' emphasis on expanding and connecting, it's even easier to find a route that suits you and your family. Our trail system not only offers safe places for beginning bicyclists but assists many who log miles of walking or running and connects to the larger trail system throughout the county. You can get a map of the **North Liberty Trail Corridor Network** or the larger **regional trail system** online.

Summer Lunch & Fun

June 16-Aug 15, no 7/4 Monday-Friday Lunch: 11:30am-12:15pm Activity: 12-1pm
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The North Liberty Summer Lunch & Fun program provides a free lunch and an activity for kids 0 to 18 years old every weekday during the summer months, no questions asked. The program is held at the Ranshaw House, or, in the case of inclement weather, the Community Center. The program is free and open to all North Liberty kids. No registration is required. Summer Lunch & Fun is made possible by the City of North Liberty, the North Liberty Unity Coalition, the North Liberty Community Pantry and several area businesses and individual residents. Want to help? Learn more at **northlibertyiowa.org/summerlunch**.

FALL PROGRAMS

Save the date for these upcoming programs and register this spring/summer.

Cross County

Sept 18 - Nov 20	Thursdays	6pm (5pm in Nov)	Penn Meadows Park	\$30
	Sundays without meets	2PM	Centennial Park	

Our second year of North Liberty Cross Country. Participants will join 45-minute practices and three local meets. We will run rain or shine unless there is lightning. Runners should dress appropriately and bring a water bottle! Parents are welcome to run with the kids. Distances are based on age (6 to 8 years old: 2K; 9 to 12 years old: 3K; 13 to 14 years old: 4K; and high schoolers are welcome to join after their school season ends and will run 5K. Volunteers are always welcome and needed to run with the kids at practice and to put on successful meets! Please contact Stephanie Moore at CorridorCrossCountry@gmail.com if you are interested in volunteering or would like more information.

Fall Outdoor Soccer

Outdoor soccer, featuring two options; recreation or hybrid divisions, is being offered for Grades 1-6. Jason Witt and his coaches combine professional coaching with an age-fun, introductory program for new, co-ed players in a recreational environment. Hybrid players will receive one night of guided practice with a staff coach and league games on Saturday mornings. Recreational players will work on fundamentals one day of the week – Thursdays with no league games. Emphasis will be on skill development and learning the game of soccer. Hybrid division \$90 per player; Recreation division \$60 per player. Register by August 10.

Hybrid Practice - Grades 1-3	Aug 25-Oct 25	Mondays	5:30-6:30pm
Hybrid Practice - Grades 1-3	Aug 25-Oct 25	Tuesdays	5:30-6:30pm

Hybrid Practice - Grades 4-6	Aug 25-Oct 25	Thursdays	5:30-6:30pm
Hybrid Games - Grades 1-3	Aug 25-Oct 25	Saturdays	9am-12pm (TBD – based on # of teams)
Hybrid Games - Grades 4-6	Aug 25-Oct 25	Saturdays	12-2pm (TBD – based on # of teams)
Recreational - Grades 1-3	Aug 25-Oct 25	Mondays	5:30-6:30pm
Recreational - Grades 4-6	Aug 25-Oct 25	Tuesdays	5:30-6:30pm

Recsters BASP

Our before- and after-school program provides recreational activities, supervision and guidance for children in kindergarten through sixth grade during the school year. Program operates on the lowa City Community School District calendar, serving Penn, Van Allen and Garner students. Open enrollment for fall 2025 BASP care begins April 1. Contact Matt Fielder at **mfielder@northlibertyiowa.org** or call (319) 626-5716 for more information or to inquire about openings.

			AM: \$90/month
Recsters BASP	2025-2026 school year	Before school: 7-7:55am	PM: \$260/month
		After school: until 6pm	Both: \$290/month
			Hold fee: \$75 AM; \$75 PM
All-Day Dates	TBD	7am-6pm	\$60/day

Supreme Volleyball League

Cooperative city program designed to teach game fundamentals and to provide equal participation for Junior Division (Grades 3-4) and Senior Division (Grades 5-6), as of fall 2025. Games/practices will be played at the NL Recreation Center and Green State Field House in Coralville. **Volunteer coaches are needed and are essential for the success of this program**. Practice days and times vary depending on team and volunteer coaches' schedules. Practices are held once a week on Sundays, Mondays or Wednesdays. Coaches Clinic: Tuesday, August 12, 5:15-6:45pm for Grades 3-4; 7-8:30pm for Grades 5-6. Registration deadline is August 10. Team practices and team t-shirts on August 26. Games begin September 2. Game times: Tuesdays, August 26-October 21, 6pm or 7:15pm. \$52 per player.

Supreme Flag Football (NFL Flag)

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	Aug 24-Oct 26	Sundays	12-6pm	\$80

Cooperative city program designed to teach game fundamentals and to provide equal participation for Grades 1-2, 3-4 and 5-6, as of the fall 2025. **Volunteer coaches are needed and are essential for success of program**. Practice days and times vary depending on team and volunteer coaches' schedules. If you sign up in North Liberty, you will be placed on a NL team; if you sign up in Coralville or Tiffin you will be placed on a CV or Tiffin team. Games will be played at the Coralville Youth Sports Park in Coralville and Tiffin City Park. Registration deadline is August 3; late fee of \$5 begins August 4. If there are optimal numbers, registration will close. Mini Camp for all registrants on Tuesday and Thursday, July 29 & 31, 6-7:30pm, at Tiffin City Park. Scrimmage to be held on August 24.

Youth Competitive Team Basketball Leagues

Officiated 5-on-5 basketball for Boys and Girls, Grades 4, 5 and 6. Team-oriented program where an entire team and coach sign up together. Each team will play 5 to 7 games, depending on the number of teams registered. Games will be played at the NL Recreation Center and Buford Garner Elementary School. Registration opens August 3; deadline is Sept 14. Maximum of 8 teams per division. Game times are 6pm, 6:50, 7:40 and 8:30pm. Grade 4: Mondays, October 13-December 15; Grades 5 and 6: Thursdays, October 16-December 18. \$400 per team.

Summer 2025 Library Program Guide

The North Liberty Library offers year-round space for reading, learning, arts and crafts, meetings, workshops and more.

> Mon-Thurs 8 a.m. to 8 p.m. Friday 8 a.m. to 5 p.m. Saturday 10 a.m. to 5 p.m. Sunday 1p.m. to 4 p.m. Phone (319) 626-5701 Web northlibertylibrary.org

This program guide includes information about some of the library programs taking place May to August 2025. We offer a monthly newsletter featuring upcoming programming highlights from the Recreation Department, Library and other city departments. Sign up to get it delivered to your inbox at northlibertyiowa.org/subscribe or check the city's calendar at northlibertyiowa.org/events. Learn more about upcoming library programs at **northlibertylibrary.org**.

LIBRARY STAFF

Jennie Garner, Library Director - jgarner@northlibertyiowa.org Jennifer Jordebrek, Assistant Library Director - jjordebrek@northlibertyiowa.org Andrew Frisbie, Collection Development Librarian - afrisbie@northlibertyiowa.org Kellee Forkenbrock, Public Services Librarian - kforkenbrock@northlibertyiowa.org Melanie Harrison, Marketing & Engagement Coordinator - mharrison@northlibertyiowa.org Dani Grandinetti, Library Marketing Assistant - dgrandinetti@northlibertyiowa.org Emily O'Sheridan-Tabor, Family Services Librarian – etabor@northlibertyiowa.org Kayla Hodgson, Youth and Teen Services Librarian - khodgson@northlibertyiowa.org Zoe Murphy, Assistant Youth and Teen Services Librarian - zmurphy@northibertyiowa.org Nick Shimmin, Adult Services Librarian - nshimmin@northlibertyiowa.org Corrie Brase, Assistant Adult Services Librarian - cbrase@northlibertyiowa.org

FACILITIES & FEATURES

Library Cards

Get a free library card at the library or register online at **northlibertylibrary.org** under the Use the Library tab. That card grants access to our physical and digital collections.

Fine Free

The North Liberty Library is fine free. Patrons will be notified by text message or email of overdue material, and items unreturned for more than eight weeks are subject to the replacement cost of the materials.

Meeting & Study Rooms

Rooms for individual study or group work, as well as for nonprofit, general informational, educational, cultural and civic purposes, are available at no charge.

Learning Center

Home to our regular indoor story times as well as a space for engagement and interactive play.

Teen Lounge

A safe space for teens and tweens to meet, play, connect and engage.

Adventure Pass

Looking for a weekend adventure or something to do when the kids are out of school? Use your library card to reserve FREE access to select lowa attractions. Visit northlibertylibrary.org/adventure-pass for complete details and to reserve passes.

StoryWalk

North Liberty's permanent StoryWalk, made possible by Veridian Credit Union, is located at Liberty Centre, 795 W Cherry St. Readers of all ages are invited to get outdoors, connect with nature and explore books along the way.

Library Services

The library has many FREE services:

- Check out computers, laptops and e-tablets you can use in the library
- Enjoy **great interactive programming** for all ages
- Take on one of our reading challenges, including the Summer Reading Program and the Winter Reading Challenge
- Join a **book club** or listen to one of our **podcasts**
- Need help finding something? Our friendly library staff are available to answer your questions or help you locate materials

You can explore and discover great information about these services on the library's **website**, and access thousands of free ebooks and eaudios through Digital Johnson County.

While you're there, click on the **Reference tab** and scroll down to see a variety of FREE resources where you can gain access to thousands of movies and documentaries for free on *Kanopy*, learn new languages on *Mango Languages*, get homework help using *BrainFuse* and *HelpNow*, brush up on your professional skills with *LinkedIn Learning* and more.

BABIES, TODDLERS & PRESCHOOLERS

DoodleBugs

Ongoing	4 th Monday	10:30am	Free
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Join the Cedar Rapids Museum of Art for their inspiring and creative DoodleBugs monthly program. Every class starts with a book and ends with imagination and creation! Check the library website for program dates and times.

Pied Piper

Brace	Mav 8	Thursday	9am	Froo
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Join Orchestra Iowa's talented String, Percussion, Woodwind and Brass Chamber Ensembles as they introduce preschool-aged children to the instruments of the orchestra! Focused on fun and learning, Pied Piper programs offer children the opportunity to enjoy an up-close and personal 30-minute chamber concert.

LIBRARY STORYTIMES

Bring a blanket to sit on and join us for storytime on the lawn of the Ranshaw House under the trees (directly North of the library's main entrance). Find us in the Library Learning Center Hocated in the Children Area (during inclement weather.

Baby Storytime

Ongoing	Tuesdays	10·30am	Free
Origoning	racodayo	10.504111	1100

This storytime is geared for ages # to 1 and consists of a short book. songs. rhymes. fingerplays and fun for baby

Toddler Storytime

Ongoing	Fridays	10:30am	Free

Geared for ages 0m to 2, Toddler Storytime consists of one or two books. songs. rhymes. fingerplays. bubbles and dancing

Family Storytime

Ongoing Saturdays 10:30am Free	
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Family Storytime features books, songs and fun for children 5 and under.

SCHOOL-AGED YOUTH

Movie Mondays

June 16-Aug 11	Mondays	3pm	Free

It's movie day at the library! Come enjoy a movie, like *Elemental* and *Strange World*, each Monday this summer. Light snacks will be provided and feel free to bring along lidded drinks and additional snacks along with lawn chairs and/or blankets for your comfort.

Super Tuesdays at the Ranshaw House

June 17-Aug 12	Tuesdays	12pm	Free
Julie II / Kug II	racodayo	1-P	1100

Join us after Summer Lunch & Fun for fun programs, like Sun Prints and Minecraft Stress Cubes, on the Ranshaw Lawn across from the library.

Teen Thursdays

June 19-Aua 14	Thursdavs	3pm	Free
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Bring a friend for weekly programs geared toward teens, like Dragon Eggs, Video Game Perler Beads, and a Service Project.

Tweendom

June 18-Aug 13	Wednesdays	3pm	Free
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Join us weekly for crafts and activities geared toward tweens, like Fire Coasters, Super Mario Party, and Smores.

Pride Party

	June 26	Thursday	3pm	Free	

Celebrate LGBTQIA+ Pride this June with us! Participate in a range of activities and crafts, like making pronoun/flag pins, that embrace the spirit of inclusivity and diversity. You'll have the opportunity to make new friends and show your support.

Tween After Hours

June 27	Friday	5:30-8pm	Free
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Bring your friends for pizza, snacks, games, crafts and fun. Scream, shout, run around with us after hours at the library. All participants will need to have a permission waiver signed when they are dropped off at the library.

Board Game Night with the Dealt Hand

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Come join The Dealt Hand for a night of board games! Based in Des Moines, but covering all of Iowa, The Dealt Hand makes it easy to play games! They'll bring approximately 200 games out, and will have a host on-site ready to recommend, teach and support you while you try out some cool new games! This event is appropriate for all ages - as their collection has games for everyone aged 4 and up!

ISU Insect Zoo

11		Tuesday	1 2	Γ
Jul	y 22	luesday	1-3pm	Free

Check out 100 species of living arthropods. From beetles to roaches, tarantulas, and scorpions, come get up close and personal with some very important animals! Come spend some time exploring the bumpy exoskeleton of the death feigning beetles, feel the light touch of a walking stick on your arm, hear the hissing cockroach and touch the soft and fuzzy Rosie the tarantula.

T(w)een Pool Party

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Get ready to make a splash this summer! We're hosting a pool party exclusively for tweens and teens. Join us for pizza, snacks, and fun. Complete the Summer Reading Program to attend with a friend.

ADULTS & SENIORS

55+ Connections Lunch

Ongoing	Fridays	11:30am-1pm	\$5

Come for lunch, play an activity, listen to speakers or just socialize at the North Liberty Community Center. Must call the Rec Center at (319) 626-5716 or go online by noon on Thursday to make a reservation. Meal is served at 11:30 a.m., followed by an activity or speaker from 12 to 1 p.m. Monthly flyers will show meal providers, activities and speakers.

55+ Connections Tuesday Gathering

Ongoing	Tuesdays	10am	Free

Join us for a weekly social gathering of rotating activities and friendly conversation - board games, puzzles, art, book discussions and more!

Board Games & Burritos

June 28	Saturdav	6:30pm	Free
Julic 20	Saturday	0.50pm	1100

Invite your friends to our game night to absolutely destroy them in your favorite board game! We'll have lots of board and card games to choose from, but you're welcome to bring one from home too. Not good at board

games, but still craving victory? Jackbox games are at the ready (iPads available as needed). Not craving victory, but craving flavor? We'll also have build-your-own burritos to munch on while we play! Register at https://northliberty-ia.whofi.com/calendar/event/5431970

COMMUNITY PROGRAMS & SPECIAL EVENTS

Friends Book Sale

	Thursday: 8am-8pm	
June 12-14	Friday: 8am-5pm	Free
	Saturday: 10am-5pm	

The Friends of the Library annual book sale is back. Shop the sale during normal business hours in the library. Cost is \$20/ bag (as many as you can fit in the provided bag) or free will donation for small purchases.

Miss Carole

June 25	Wednesdav	12:30pm	Free

Join us on the Ranshaw House lawn following summer lunch for this upbeat Sing-Along, Dance-Along, DO-ALONG CONCERT for FAMILIES! Fun, sneakily educational with a snowball freeze fight.

Summer Lunch & Fun

June 16-Aug 15, no 7/4	Monday-Friday	Lunch: 11:30am-12:15pm Activity: 12-1pm	Free
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The North Liberty Summer Lunch & Fun program provides a free lunch and an activity for kids 0 to 18 years old every weekday during the summer months, no questions asked. The program is held at the Ranshaw House, or, in the case of inclement weather, the Community Center. The program is free and open to all North Liberty kids. No registration is required. Summer Lunch & Fun is made possible by the City of North Liberty, the North Liberty Unity Coalition, the North Liberty Community Pantry and several area businesses and individual residents. Want to help? Learn more at **northlibertyiowa.org/summerlunch**.

Summer Reading Program

All ages are invited to participate in the North Liberty Library's Summer Reading Program. This summer's "Level Up" themed program challenges participants to complete 35 reading or activity sessions between June 1 and July 31.

Summer Reading Program Kick Off

June 11	Wednesday	6-7:30pm	Free
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Celebrate summer with the Library's Summer Reading Program Kick Off with fun water-related activities for all ages, a sweet treat and of course Summer Reading Program sign-up. Join us on the Ranshaw House lawn.

Movies on the Plaza

Movies on the Plaza, a new series presented by the Community Foundation of Johnson County, will take place on the lawn outside City Hall on one Friday each in August (8/15), September (9/12) and October (10/3). Film titles and exact showtimes to be announced as the dates approach.